DATABASE FOR SPECIAL NEEDS RESOURCES

A resource list for parents, caregivers and teachers

Updated December, 2017
Compiled by Fay Schipper

This database is strictly a research guide. The English Montreal School Board is not in a position to recommend or endorse any resources that are non-EMSB entities. We strongly suggest that readers research these resources to determine if they are appropriate for the care of their child and meet their specific needs.

If you would like to recommend a resource for this list, please contact fayschipper@gmail.com
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SECTION 1
SPECIAL NEEDS EDUCATION

Centennial Academy High School
3641 Prud’Homme Avenue, Montreal, Quebec H4A 3H6
Tel: 514-486-5533 #236/ Fax: 514-486-1401
Contact: Angela Burgos, Head of the School
Email: info@centennial.qc.ca
Website: www.centennial.qc.ca
Centennial Academy is an inclusive environment that welcomes students with a wide range of learning challenges, including ADHD, dysgraphia, dyslexia, and autism spectrum disorders.

Giant Steps Montreal
5460 Connaught Avenue, Montreal, Quebec H4V 1X7
Tel: 514-935-1911 / Fax: 514-935-9768
Principal: Marie Vegiard
Email: reception@giantstepsmontreal.com
Website: www.giantstepsmontreal.com
Welcomes students aged 4 to 21 who have an Autism Spectrum Disorder diagnosis. Has a book and audio-visual lending library.

Mackay Centre School and Philip E. Layton School for the Blind
3500 Decarie Blvd, Montreal, Quebec H4A 3J5
Tel: 514-482-0500 / Fax: 514-485-7254
Principal: Patricia Ciccarelli
Email: mackaycenter@ssss.gouv.qc.ca
Website: www.emsb.qc.ca/mackay
The school services students with motor, speech, and language disorders as well as those who are deaf and hard of hearing 4 to 21 years of age. Philip E. Layton School includes educational and vision rehabilitation services for blind and visually impaired students 4 to 21 years of age. The services are provided both within the specialized school setting as well as in regular community schools. They include sensory stimulation, Braille instruction, adaptation of educational materials, consultation services to community classroom teachers and individualized programs based on the student’s needs.

Montreal Oral School for the Deaf
4670 St. Catherine Street West, Montreal, Quebec H3Z 1S5
Tel: Voice/TTY 514-488-4946 / Fax: 514-488-0802
Director General and Principal: Mary E. Reynolds
Email: info@montrealoralschool.com
Website: www.montrealoralschool.com
The school services deaf and hard of hearing-impaired students. The school has a preschool program, closed classrooms for elementary school itinerant children, and support for students of all ages mainstreamed into regular hearing classrooms. The focus is on developing spoken language by listening and talking.

Pat Roberts Developmental Centre
16167 Gouin Blvd. West, St. Geneviève, Quebec H9H 1C9
Tel: 514-696-5144 / Fax: 514-696-7651
Contact: Lyne Charlebois
Email: pat-roberts@wiaih.qc.ca
Website: www.wiaih.qc.ca/pat-roberts-developmental-centre
A bilingual nursery school for children who are developmental delayed or have an Autism Spectrum Disorder diagnosis.
Peter Hall School
Website: www.peterhall.qc.ca
Welcomes 4 – 21 year old students with intellectual disabilities, Pervasive Developmental Disorders and psychopathological disorders. It has two campuses.

Head Office
840, Côte-Vertu, St-Laurent, Quebec H4L 1Y4
Tel: 514-748-6727 / Fax: 514-748-5122
Email: info.ecole@peterhall.qc.ca

Peter Hall School Côte-Vertu Campus
840 Côte-Vertu, Saint-Laurent, Quebec H4L 1Y4
Tel: 514-747-4075 / Fax: 514-747-0164
E-Mail: cote-vertu@peterhall.qc.ca
Principal: Maryvonne Robert

Peter Hall School Ouimet Campus
1200 Ouimet Street, Saint-Laurent, Quebec H4L 3P9
Tel: 514-748-1050 / Fax: 514-748-7544
E-Mail: ouimet@peterhall.qc.ca
Principal: Jo-Anne Zagoury

Summit School
1750 Deguire, Saint-Laurent, Quebec H4L 1M7
Tel: 514-744-2867 / Fax: 514-744-6410
Director General: Herman Erdogmus
Email: admin@summit-school.com
Website: www.summit-school.com
For students, ages 4 to 21, with developmental disabilities including behavioural and emotional disturbances, Autism, Down syndrome and severe learning disabilities. It has two other campuses.

LaurenHill Campus
2355 Decelles Street, Saint-Laurent, Quebec H4M 1C2
Tel: 514-937-4661 / Fax: 514-937-0943

Transitional Education Career Centre (Campus)
1819 René Lévesque, Suite 200, Montreal, Quebec H3H 2P4
Tel: 514-933-4464 / Fax: 514-933-8766

The New Little Red Playhouse / Coco’s Place
263 Percival, Montreal West, Quebec H4X 1T8
Tel: 514-486-4032
Contact: Sharon McCarrey
Website: www.littleredplayhouse.net
The school operates a preschool and Pre-K program for children with Autism Spectrum Disorder (ASD) and Speech Delay aged 2.5-6 years.

Vanguard School
5935 Chemin de la Cote-de-Liesse, Saint-Laurent, Quebec H4T 1C3
Phone: 514-747-5500 ext. 400 / Fax: 514-747-2831
Email: admissions@vanguardquebec.qc.ca
Website: www.vanguardquebec.qc.ca
Bilingual school for students with learning disabilities at the elementary and high school level.
The Donald Berman Yaldei Developmental Centre
5170 Van Horne, Montreal, Quebec H3W 1J6
Tel: 514-279-3666
Contact: Natasha
Email: info@yaldei.org
Website: www.yaldei.org
Bilingual school for children 4-8 years old with intellectual impairment or developmental delay.
SECTION 2
SPECIFICALLY AUTISM SPECTRUM DISORDER (ASD), ASPERGER’S SYNDROME, PERVERSIVE DEVELOPMENT DISORDERS (PDD)

Please consult other sections in this database to learn of other services/programs that include services to people with autism in their resources.

ABC Solutions Inc.
Tel: 514-316-8312
Email: info@solutionsabc.ca
Website: www.solutionsabc.ca
Provide behavioural and integration services for children aged 18 months to 18 years old with autism spectrum disorders (ASD), developmental delays, anxiety, attention deficit hyperactivity disorder, learning disabilities and behavioural issues. They also offer educational services in the areas of tutoring, remediation and exam preparation. In addition they provide tools and resources to daycares, schools, parents, and family members.

Agoo Children’s Health & Wellness Center
3230, boul. Curé-Labelle, #305, Laval, Quebec H7P 0H9
Tel: 450-687-6888 / Fax: 450-687-7222
Email: fss@agoomd.com
Website: www.agoomd.com
A health center which also offers family and school services for children between the ages of 0 and 18. The services include support, intervention-skills training, prevention, evaluation and therapy.

ASD Montreal
2360 Notre Dame Street West, #207, Montreal, Quebec H4B 2M5
Tel: 514-484-9996 / Fax: 514-484-0267
Contact: Myra-Jade Lui, BCBA
Email: myra@asdmontreal.com
Website: www.asdmontreal.com
Centre-based programming and instruction for children with Autism.

ASD Healing
5610 Hudson, Montreal, Quebec H4W 2K4
Tel: 514-486-3176
Contact: Sarah Moyal
Email: sarah@asdhealing.com
Website: www.asdhealing.com
A social network and online support group for parents who have children with autism.

Asperger Syndrome Support Group
Contact: Lise Sandstrom
Tel: 514-229-2526
Email: aspergergroup@bell.net
Family and sibling support groups.
Autisme Montreal (formerly known as Autism and Pervasive Developmental Disorders Montreal) (ATEDM)
4450 Saint-Hubert, Montreal, Quebec H2J 2W9
Tel: 514-524-6114 / Fax: 514-524-6420
Email: accueil@autisme-montreal.com
Website: www.autism-montreal.com

Services include:
- A documentation centre that loans books and videos and sells documents for the price of the photocopies;
- A babysitting/shadowing service;
- A weekend respite service at La Maisonnette;
- Group outings for people living with Asperger’s Syndrome and high-functioning autism;
- Summer day camps for children, teenagers and adults;
- Residential camps during school breaks;
- Specialized swimming lessons;

Autism Society – Laurentians
474 Laviolette Street, Saint-Jérôme, Quebec J7Y 2T7
Tel: 450-569-1794 / Fax: 450-569-6022
Email: info@autismelaurentides.org
Website: www.autismelaurentides.org
Serves the Laurentian region of Quebec, offering support, advocacy, programs and respite for individuals with ASD or other developmental disabilities.

Autism Speaks Canada
2450 Victoria Park Avenue, Unit 120, Toronto, Ontario M2J 4A2
Tel: 1-888-362-6227
Tel: 438-990-5697
Contact: Krista Leitham, - Quebec
Email: ascQC@autismspeakscan.ca
Website: www.autismspeaks.ca
Committed to supporting research and services across the country; raising public awareness to encourage inclusion; and collaborating with other organizations to speak alongside the autism community.

Behaviour Support Partnerships
5170 West Hill, Montreal, Quebec, H4V 2W7
Tel: 514-998-6132
Contact: Sasha Zalob M.A., BCBA
Email: sashsa@sashsazalob.com
Provides ABA program which includes direct work with children with Autism and other developmental disorders, as well as parent training.

Big Blue Hug Autism Awareness Project – Drawing on Inspiration
6800 Darlington Avenue, Suite #3, Montreal, Quebec H3W 1C6
Tel/Fax: 514-238-2402
Contact: Jason Goldsmith
Email: jgoldsmith@thebigbluehug.com
Website: www.thebigbluehug.com
Visual communication strategy called “picture talking” used to communicate with autistic children and children delayed in language, social, and cognitive skills. Early intervention program ages 2 and up; no formal diagnosis needed to start; complements other therapies.
Boisselle-Ladouceur, Jessica (M.Sc.) - Psychoeducator  
144 Rue De La Rivelaine, Notre-Dame-de-l’Ile-Perrot, Quebec J7V 8Z8  
Tel: 514-554-0199  
E-mail: info@JBLeducation.org  
Website: www.JBLeducation.org  
Services for children with difficulties related to anxiety, behaviour, socialization, self-esteem Autism Spectrum Disorder and ADHD. Runs social skills groups for children aged 4 -12. Support services offered to daycare centres.

Butterfly Education Center  
Tel: 514-704-7106  
Email: anna@butterflyedcenter.comt@videotron.ca  
Website: www.butterflyedcenter.com  
Using the principles of Applied Behaviour Analysis ABA, treats children, teens and young adults with Autism Spectrum Disorders (ASD), or other related disorders, individually and in groups.

Brilliant Beginnings  
Tel: 514-708-5437  
Email: info@brilliant-beginnings.com  
Website: www.brilliant-beginnings.org  
Offers ABA, speech, and occupational therapy to children from 18 months to 18 years with Autism and/or Pervasive Developmental Disorders. They provide home, daycare, school-based services in the west island.

Ville St-Laurent Centre - 760 Boul. Decarie, Suite 200, Ville St Laurent, Quebec H4L 3L5  
Laval Centre - 3505 Boul. St Martin O., Suite 205, Laval, Quebec H7T 1A2

Clinic for Consultation, Intervention and Training in Autism (CCIFA)  
Clinique de Consultation, Intervention et Formation en Autisme (CCIFA)  
2103 Edouard Blvd, St. Hubert, Quebec J4T 1Z9  
Tel: 450-396-6496  
Fax: 450-396-3829  
Email: info@ccifa-ted.com  
Website: www.ccifa-ted.com  
Private clinic, offering services for children, adolescents and adults on the autism spectrum (autism, Asperger syndrome, PDDNOS), their families and the community. They also offer services to school age children who present developmental delays (communication, language, social interactions, cognitive) and behaviour problems (attention deficit disorder with or without hyperactivity, impulsivity, anxiety, aggression, etc.)

Coady, Cindy M.A.  
Tel: 514-660-1714  
Email: info@autism-montreal.com  
Website: www.autism-montreal.com  
Working with parents to improve the quality of life for their autistic child and families using RDI.

De Kimpe, Violaine Ph.D., Psychologist  
4368 King-Edward Avenue, Montreal, Quebec H4B 2H5  
Tel: 514-756-5544  
Email: violaine.dekimpe@sympatico.ca  
Private practice specializing in children with ASD. Assessments for children with ASD (ADOS, Vineland, ADI, etc.), consultation in daycares and schools, parent training, and functional communication stimulation through PECS and play. Services provided both in French and English to families.
The Child Psychiatry Program is located in the Bond Pavilion at the Douglas Institute offers a range of bilingual services to youth aged 0 to 17 years and their families. They service children with behaviour problems and pervasive development disorder (PDD). All requests to evaluate or treat a child under the age of 18 must first go to the Youth Mental Health Team of your CSSS. The professional team at the CSSS will evaluate the level of services required for the child and recommend the most appropriate resources to respond to his needs.

G.I.R.A.F. – Groupe d’Intervention et de Réadaptation pour enfants Autistes et leur Famille
360 Lawrence, Suite 2300, Greenfield Park, Quebec J4V 2Z4
Tel: 450-904-2144
Email: info@giraf-autisme.com
Website: www.giraf-autisme.com
French services to families with autistic children and other severe communication disabilities. Ages 0-12.

Le Parapluie Bleu
4760 Blvd. Samson, Laval Québec H7X 3S5
Tel: 450-314-4904
E-mail: info@parapluiebleu.ca
Website: www.parapluiebleu.ca
A bilingual multidisciplinary therapy centre offering research-based therapy services for children and adolescents with Autism, Language delays, ADD, ADHD, behaviour issues and cognitive skills issues. Therapists see children and their families at the center or at the child’s school.

Miriam Home and Services
Head office
8160 Royden Rd., Town of Mount Royal, Quebec H4P 2T2
Tel: 514-345-0210 / Fax: 514-345-8965
Website: www.centremiriam.ca
They ensure the best care and support for people living with autism spectrum disorders and developmental disabilities. Under the Miriam Home and Services umbrella are a number of programs and services; children and adolescent, community integration programs for adults 21 years and older, Lori Black Community Centre, Miriam Foundation programs for adults 21 years and older, rehabilitation, residential integration services for children and adults, and work integration programs for adults 21 years and older.

Lori Black Community Centre
Houses the administrative offices of the CRDITED Miriam as well as their day and evening programs.
The Foundation supports rehabilitative, vocational and residential services and programs that foster increased socialization and community integration for children and adults. Under the Foundation umbrella are 4 programs and services: Community homes – Association Lou Greenberg Miriam, CRITED Centre, Gold Centre, and See things my way, centre for innovation (STMW).

1) The association owns and manages community adapted homes for its clients.
2) The CRITED Centre provides rehabilitation and residential services as well as community and work integration to children and adults.
3) The Gold Centre has six services and programs; Abili-T program, Trampoline program, The Gold Learning & Research Centre, The Azrieli Adult Leisure programs, MateriaTech service and Ready Willing & Able, Prêts, Disponible et Capable.
4) The STMW Centre for Innovation intends to launch and/or facilitate pilot models related to: diagnosis services for autism and intellectual disabilities, early intervention for preschool children, specialized classrooms for school-age children, post-secondary integration program for employment and community, long-term community residences and medical/dental services.

3.1) The Abili-T program supports young children by providing highly individualized, 1:1 services based on the principles of Applied Behaviour Analysis (ABA).
3.2) The Trampoline program provides specialized intervention to young children using the TEACCH model (Treatment and Education of Autistic and Related Communication (speech and language)) Handicapped Children), as well as other recognized approaches.
3.3) The Gold Learning & Research Centre/Autism Central is a bilingual training and resource centre that develops training programs, conferences, workshops. It is a web-based portal of information and resources on autism spectrum disorders and developmental disabilities for professionals, paraprofessionals and parents.
3.4) Azrieli Adult Leisure programs offers numerous recreation and leisure activities.
3.5) The MateriaTech is a bilingual educational resource bank of over 9000 pieces of materials Organizations, professionals and families have access to this resource that reduce the burden of both financial and human resources that can be spent on the purchase and creation of these materials.
3.6) Ready Willing & Able, Prêts, Disponible et Capable is designed to increase employment participation of people with intellectual disabilities. Contact: Martine Kurtzweg, 514-345-8330, ext. 123, mkurtzweg@goldlearningcentre.com

McGill University PoP Lab
McGill School of Communication Sciences and Disorders
2001 Avenue McGill College, Suite 835, Montreal, Quebec, H3A 1G1
Tel: 514-398-6895
Email: poplab.scsd@mcgill.ca
Lab Director: Dr. Aparna Nadig
Website: poplab.mcgill.ca

Studying language and cognitive development in children with autism spectrum disorders to better understand individual differences and to identify ways to facilitate learning.
Montreal Autism Centre
Queen Elizabeth Health Complex
2100 Marlowe Avenue, Suite 27, Montreal, Quebec H4A 3L5
Tel: 514-369-2688 / Fax: 514-369-2618
Email: info@autismcentre.org
Website: www.autismcentre.org
Specialises in the psychological assessment and treatment of assess individuals of all ages with autism.

Montreal Children’s Hospital
1001 Boulevard Décarie, Montreal, Quebec H4A 3J1
Tel: 514-412-4314 / Fax: 514-412-4280
The Child Development Program has an Autism Spectrum Disorders program which provides diagnostic services for children of all ages who are suspected of having autism. It includes a pre-school clinic, and a school-age and adolescent clinic. A psychopharmacological consultation service is also available.

Pama Foundation
Email: info@pamafoundation.org
Web: www.pamafoundation.org
Provides financial aid for therapy or equipment. Organizes activities designed to fit the needs of people with ASD, such as sensory friendly Santa Day and Family Movie Day.

ProAutism
Private Clinic #1
440-75th Avenue, Lasalle, Quebec H8R 2P5
Tel/Fax: 514-680-2641 / Cell: 514-502-6388
Contact: CameliaVarga, MA
Email: proautism.camelia@yahoo.com
Website: www.pro-autism.com

Private Clinic #2
5250 Ferrier Street, Suite 801, Montreal, Quebec H4P 1L4
Tel: 514-591-2020 • Fax: 514-748-2340
Contact: Abby Kleinberg-Bassel M.Sc.
E-mail: abbykb@videotron.ca
Website: http://www.abbysoffice.com
Both clinics specialize in RDI©, a program which emphasizes a family approach to Autism Spectrum Disorders, Asperger’s Syndrome and PDD. At Clinic #2 therapeutic principles are applied at home and school and by other professionals such as psychologists, occupational therapists and speech therapists.

Quebec Federation of Autism and Other Pervasive Developmental Disorders (FQATED)
65 de Castelnau West, Suite 104, Montreal, Quebec H2R 2W3
Tel: 514-270-7386 / Fax: 514-270-9261
Email: secretariatfqa@contact.net
Website: www.fqated.qc.ca
Organization promoting community awareness and rights of autistic individuals.

Reisinger, Lisa, PhD
Psychologist, West Island Private Psychology Services
231 Elm, Beaconsfield, Quebec H9W 2E2
Tel: 514-293-4463
Provides autism assessment as well as individual intervention and counselling, and family counselling.
Speaking Autism (formerly Autism Clinic for Intervention and Consultation [CICA Montreal])
Linda Mastroianni
P.O. Box 10154 Saint-Basile
CP Du Millenaire
St-Basile-Le-Grand, Quebec J3N 0A2
Email: linda@speakingautism.ca
Website: www.speakingautism.ca
Provides couching services to families and individuals with autism.

Speech Language Fun Clinic / Clinique Orthofolie
6525 Decarie Blvd., Suite 210, Montreal, Quebec H3W 3E3
Tel: 514-941-1010
Website: www.speechlanguagefun.com
Bilingual private speech and language therapy practice serving children and adults with ASD.

Ultra-Health Services
South West One Medical Centre
175 Stillview Avenue, Suite 230, Pointe Claire, Quebec H9R 4S3
Tel: 514-839-9715
Contact: Dr. Stella Benarroch, psychologist, Jennifer Benedik, Speech-Language Pathologist
Email: contact@ultrahealthservices.com
Website: www.ultrahealthservices.com
They are a multidisciplinary team that offers bilingual services (assessment, treatment, and consultation) in both speech-language pathology and psychology for people with autism spectrum disorder. Dr. Benarroch is able to begin the diagnostic process at 18 months of age.
SECTION 3
THERAPY / SUPPORT SERVICES

SECTION 3.1
COUNSELLING / EVALUATION / THERAPY

Agence Ometz West Island
96 Roger Pilon, D.D.O., Quebec H9B 2E1
Tel: 514-290-2122
A human service agency with a variety of health care professionals for the Jewish community Counselling for children, individuals and families. Specialized program for those with mental health illness and their families

Bartimaeus Inc.
3551 St. Charles Blvd., Kirkland, Quebec H9H 3C4
Tel: 514-991-7432 / Fax: 514-489-8877
Website: www.bartimaeus.com
Offers counselling, behaviour management, a study skills program and other support services to families dealing with behaviour issues to Autism.

BBH Playtime-Interactive Developmental Play Therapy
St. Lazare, Quebec
Tel: 514-583-9892
Contact: Bobbi Hamilton
Email: bbhplaytime@mail.com
Trained educator will come into your home and apply therapeutic programs already in place, or work in conjunction with families to create individual programs.

Cappino Physio and Wellness Center
2101, rte Transcanadienne, Dorval, Quebec H9P 1J1
Tel: 514-684-9073
Email: cappino@cappinophysio.ca
Website: www.cappinophysio.ca
Offers a wide range of services; physiotherapy, osteopathy, acupuncture, massage, dietetics, occupational therapy, social work, psychological therapy, medical services, and laboratory services,

Centre Hyperbare de L’Ile
1178 Cardinal Léger, Pincourt, Quebec J7V 7A8
Tel: 514-453-7978 / Fax: 514-453-4184
Contact: Claudine Lanoix
Email: info@centrehyperbare.com
Website: www.centrehyperbare.com
Hyperbaric oxygentherapy and motor assisted therapy.

Centre MDC—Multidisciplinary Care Centre
3869 Sources Blvd, Suite 205, Dollard des Ormeaux, Quebec H9B 2A2
Tel: 514-683-8791 / Fax: 514-683-8072 (call before faxing)
Contact: Harriet Greenstone, Ph.D.
Email: centreMDC@bellnet.ca
Website: www.centremdc.com
Specializing in the evaluation and treatment of ADHD, ASD, LD, and social and emotional difficulties. They also do individual, group, and family therapy; as well as, social skills group, and parent education & support
Centres Neuropsy (formerly Laval Centre for Psychology and Neuropsychology for Children and Adults)
500 St-Martin West Blvd., Suite 440, Laval, Quebec H7M 3Y2
Phone: 514-312-7046
Email: info@neuropsycholaval@gmail.com
Website: www.neuropsychologielaval.com
The Center provides psychological and neuropsychological intervention. The team is made up of a variety of professionals who provide services to anyone experiencing emotional difficulty, has learning disabilities or developmental problems.

Coccinelle Foundation for Handicapped Children
Centre les 5 Sens, 6630 Papineau, Suite A, Montreal, Quebec H2G 2X2
Tel: 514-725-0009
Contact: Isabelle Lapierre
Email: info@fondationcoccinelle.com
Website: www.fondationcoccinelle.com
Provides leisure and stimulation services for people of all ages with intellectual and physical disabilities.

Coopérative de solidarité ESPACE-TEMPS – Clinique de neuro-développement
4480 Cote de Liesse, Suite 102, Mont-Royal, Quebec H4N 2R1
Tel: 514-507-7003 / Fax 514-507-7416
Website: www.espace-temps.ca
Improve the social participation of people with disabilities through a variety of therapeutic, educational and recreational services

Eden Qigong Massage
Private practice
Tel: 514 746 9464
Contact: SaziniNzula, Ph.D.
Website: http://edenqigongmassage.com
E-mail: connect@drsazini.com
Provides Qigong Sensory Treatment (QST) or qigong massage for children with autism.

EDUCATE Montreal
514-294-8453
Contact: Gamoon Lau
E-mail: info@educatemontreal.com
Website: www.educatemontreal.com
From the initial diagnosis through each milestone, EDUCATE Montreal walks alongside parents as advocates for their special needs child to ensure that your child reaches their full potential, from consulting on the best available resources for your child, to creating short and long term educational plans.

Family Resource Centre – Building Community Success On Family at a Time
4855 Blvd. Des Sources, Pierrefonds, Quebec H8Y 3C8
Tel: 514-685-5912 / Fax: 514-685-5914
Email: info@familyresourcecentre.qc.ca
Website: www.familyresourcecenter.qc.ca
Bilingual support services to those aged 5-25 who experience academic and social difficulties. Individual and family counselling, social and study skills groups. Professional support through programs that provide useful information, techniques, classroom management and strategies for education and community services.
Head and Hands
5833 Sherbrooke Street West, Montreal, Quebec H4A 1X4
Tel: 514-481-0277
Email: info@headandhands.ca
Website: www.headandhands.ca
Free youth-oriented counselling (ages 12-25) and tutoring (12-18). Frequent problems addressed include depression, low self-esteem, anger management, identity issues and relationship issues.

Hudson Literacy Clinic
Tel: 514-699-1503
Contact: Laura Caprini
Email: laura@hudsonliteracyclinic.ca
Website: hudsonliteracyclinic.ca
A diagnostic/remediation center serving the communities of Hudson, Rigaud, St. Lazare, Vaudreuil-Dorion and the Greater Montreal and surrounding areas. Offering remediation services, diagnostic dyslexia screenings, reading assessments to school aged children, young adults, and anyone seeking to improve their literacy skills. They specialize in the treatment of reading, spelling, writing, and comprehension difficulties.

Inov8 Education Consulting
Tel: 514-600-0303
Contact: Andrea Prupas M.A.
Email: andrea@inov8-ed.com
Website: www.inov8-ed.com
Specializing in assistive and communication technologies for children with ASD, developmental delays or learning disabilities. Parent seminar series and private consultations are available.

Jeremy Wexler Therapy
Queen Elizabeth Health Complex, 2100 Marlowe Suite 539, Montreal, Quebec H4A 3L5
Tel: 514-799-6965
Contact: Jeremy Wexler MA/MSW
Email: jeremywexlertherapy@gmail.com
Website: www.jeremywexlertherapy.com
Focusing on the functioning of families with children with learning difficulties or ASD.

Kiddo Active Therapy
245E boul. St Jean, Pointe Claire, Quebec H9R 3J1 Pointe Claire Plaza
Tel: 514-428-0123

Kiddo Active Montreal
845 Querbes, Office 205, Montreal, Quebec H2V 3X1
Tel: 514-428-0123

Kiddo Active Vaudreuil-Dorion
In partnership with Espace Bien-être
11 Cité des Jeunes est, Suite 101, Vaudreuil-Dorion, Quebec J7V 0N3
Tel: 514-428-0123

Email: info@kiddoactive.com
Web: Kiddoactive.com
A multi-disciplinary clinic offering occupational therapy, physiotherapy, speech therapy, and the services of a registered dietician. For children 0 to 18 years of age with sensory-motor difficulties, speech and language delays, autism, ADD/ADHD, dyspraxia, learning disabilities, and more.
Logical Letters
245 Victoria Ave, Westmount, Quebec H3Z 2M6
Tel: 514-938-5222
Contact: Marcy Scott
Email: info@logicalletters.ca
Website: www.logicalletters.ca
Dyslexia, reading, spelling and writing remediation.

Medipsy Psychological Services & the Medipsy ADHD Clinic
4610 St. Catherine West, Westmount, Quebec H3Z 1S3
Tel: 514-419-3005
Email: info@medipsy.ca
Websites: www.medipsy.ca and www.adhd-tdah.ca
Bilingual psychological services for people of all ages with attention deficit disorder (ADD) with / without hyperactivity (ADHD). Services can include specialized coaching for ADHD; sex therapy; individual, couple’s and family therapy; career and vocational guidance.

Morneau Shepell
Montreal (Pointe-Claire, Westmount, Montreal East), Sherbrooke, Terrebonne
Tel: 1-866-653-2397
Email: childrensupportsslutions@morneaushepell.com
Website: www.childrensupportsslutions.com
Services provided are for children and teens of all abilities (ASD, ADHD, PDD, and many other disorders). Therapies include psychology, neuropsychology, psychoeducation, speech-language pathology, special education, physiotherapy, occupational therapy, behavioural therapy.

Montreal Anger Management Centre
5845 Cote Des Neiges, Suite 539, Montreal, Quebec H3S 1Z4
Tel: 514-737-7208 / Fax: 514-737-0497
Contact: Tom Caplan, M.S.W.
Email: tcaplan@sympatico.ca
Website: www.tomcaplanmsw.con
Therapies include couples relationship problems, family stress, anger management, anxiety, grief and depression, life crises, low self-esteem, social problems, work-related problems, substance abuse, domestic violence, and more.

Montreal Therapy Centre – Counselling Services
Queen Elizabeth Health Complex
2100 Marlowe, Suite 532, Montreal, Quebec H4A 3L5
Tel: 514-244-1290
Website: www.montrealtherapy.com
Offers services for children, adolescents, individuals, families and couples. therapy, art therapy. Therapies can include learning disabilities, grief, trauma, anxiety, depression, eating disorders, ADHD, self-esteem, and behaviour disorders.

My Smart Hands Quebec
152 Rue Evergreen, Hudson, Quebec J0P 1H0
Tel: 450-458-5274
Contact: Denise O’Brian
Email: denise@mysmarhands.com
Website: www.MySmartHandsQuebec.com
Teaches American Sign Language (ASL) to hearing babies and those with communication difficulties. When these children learn sign language, it is another tool in addition to verbal/auditory input/output. Classes and workshops for parents and educators/daycare providers are offered.
Quebec Society for Disabled Children
2300 Boulevard René-Lévesque West, Montreal, Quebec H3H 2R5
Tel: 514-937-6171 / Fax: 514-937-0082
Contact: Ronald Davidson
Email: sehq@enfantshandicapes.com
Website: www.enfantshandicapes.com
Offers support services for families, information, and summer camp for disabled children. Extensive
database of resources and therapies offered.

Qigong Sensory Therapy
Private Office and Home Services
Tel: 514-266-8196
Email: sdurocher_noel@hotmail.com
Website: www.qsti.org
Provides Qigong Sensory Treatment (QST) or qigong massage for children with autism and Down syndrome.

Regroupement pour la Trisomie 21 (Down Syndrome)
3250 St Joseph Blvd E, Montreal, Quebec H1X 1P7
Tel: 514-850-0666 / Fax: 514-850-0660
Email: info@trisomie.qc.ca
Website: www.trisomie.qc.ca
Social Service organization for people with Down syndrome. Provides programs, information and raises
public awareness for families of children with Down syndrome.

reKinéxion - BrainGym®
Mailing address: 64 Franklin Avenue, Mont-Royal, Quebec H3P 1B7
Workshop address: 1208 Van Horne, Outremont, Quebec H2V 1K3
Tel: 514-341-1677
Contact: Lisa Marcovici
Email: Lisa.marcovici@braingymqc.org
Website: www.braingymqc.org
Workshops on Braingym are offered to educators, teachers and professors to enhance learning abilities at
school; reading, writing, math, sports, adaptation, concentration, etc. Private sessions available upon
request.

Rothstein, Alexandra M.A., BCBA
Tel: 514-916-0136
Email: info@alexandrarothstein.com
Website: www.alexandrarothstein.com
Certified behavioural analyst specializing in Autism Spectrum disorders, developmental disabilities and
behavioural difficulties. Offers private consultations, social skills groups, parent workshops and training.

Sedona Counselling Centre of Montreal
5708 Monkland Avenue, Montreal, Quebec H4A 1E6 (corner of Harvard)
Contact: Vikki Stark, P.S.W., M.F.T.
Tel: 514-487-2828
Email: info@CentreSedona.com
Website: www.CentreSedona.com
A full range of counseling and services, including individual, couple, family therapy, hypnotherapy, art and
drama therapy. Also counseling children and teens with special needs.

Sirota, Corrie M.S.W, P.S.W.
2101 Transcanada Hwy, Dorval, Quebec H9P 1J1
Tel: 514-237-2348
Email: corrie@corriesirota.com
Website: www.corriesirota.com
Grief loss and bereavement specialist as well as self-esteem, stress management and motivation.
Special Needs Network
2100 Marlowe, 5th Floor, Montreal, Quebec H4A 3L5
Tel: 514-736-2273
Information and referral line for all special needs issues.

Stars Today Special Needs Consultants
Tel: 514-296-5891
Email: nansonsclass@gmail.com
Family support, assessments, therapeutic services, educator training, in-school help, social skills training and behavioural programs.

Stepping Up Resource Centre Inc.
43 Westminster Avenue, Montreal West, Quebec, H4X 1Y8
Tel: 438-876-7599
Tutoring centre

TacTics Resource Service (Formerly Aber, Linda)
Tel: 514-487-3533
Contact: Linda Aber, C.C.F.E.
Email: tacticsmtl@yahoo.com
Website: www.lindaaber.com
Offers social skills groups for youth, plus workshops for parents/teachers (Nurtured Heart Parent Workshop and Theraplay Social Skills and Thinking Group) who live and work with challenging children, (ADHD, LD, ODD, Aspergers Syndrome, mood & attachment disorders).

Nurtured Heart Parent Workshops- 6 weekly sessions. Parents learn a set of effective strategies designed for use with challenging, intense children; learn a vocabulary of positivity that transforms youth from the inside out. Enforce rules with structured, quick non-punitive consequences, that “repair & refuel” the parent-child connection.

Theraplay Social Skills & Thinking Groups (parents & youth ages 5-14) Children & parents learn pro social, cognitive, anger reduction & self-control skills. Through fun, activities, self-esteem, parent-youth & peer connections are enhanced. Targeted skills: reading faces, body language, empathy, responsibility, integrity.

ULTRA-Health Services
Tel: 514-839-9715
Email: contact@ultrahealthservices.com
Website: www.ultrahealthservices.com
Founded by two parents (a speech-language pathologist and a child psychologist). They draw upon a pool of resources to provide services so that clients can achieve and exceed their goals. Assessment, treatment, and consultation services provided in English, French, and some services in Spanish.

West Island Association for the Intellectually Handicapped (WIAIH)
111 Donegan, Pointe Claire, Quebec H9R 2W3
Tel: 514-694-7090 / Fax: 514-694-5839
Email: info@wiaih.qc.ca (head office)
Website: www.wiaih.qc.ca

Provides services to people of all ages with intellectual disabilities.

Under the WIAIH umbrella are four services/programs for children; Pat Roberts Developmental Centre, Me too daycare integration service, Paus-action babysitter and companion referral service, and Angleman respite centre.

1) Roberts Centre is an adapted nursery school for children from birth to 6 years of age.
2) The daycare service is free for WIAITH members.
   For more info: 514-694-7090, ext. 220 or email daycare@wiaih.qc.ca.
3) The referral service is free for WIAITH members. For more info: 514-694-7090 ext. 213.
4) AnglemanCentre, 14400 boul. Gouin O., Pierrefonds, Quebec H9H 1B1, for more info: 514-316-9017 or email a.rollins@wiaith.qc.ca

Under the WIAIH umbrella are five services/programs for teens and adults; recreation activities, Amuse action afternoon care program, Paus-action babysitter and companion referral service, Angleman respite centre, and the Valois residence.

1) For recreation services call Tracy Wrench, Recreation Coordinator at 514-694-6531, ext. 218 or email recreation@wiaith.qc.ca.
2) Afternoon Program is for those who are 12 years of age or older. For more info: 514-694-6531 ext. 218 or email amuse-action@wiaith.qc.ca
3) The referral service is free for WIAITH members. For more info: 514-694-7090 ext. 213.
4) AnglemanCentre, 14400 boul. Gouin O, Pierrefonds, Quebec H9H 1B1, for more info: 514-316-9017 or email a.rollins@wiaith.qc.ca
5) The Valois Residence is a permanent home for nine adults needing support for daily living. For more info: 514-697-0220, or email valois@wiaih.qc.ca.

West Island Neuropsychology and Counseling Centre
6600 Trans-Canada, Suite 514, Pointe Claire, Quebec H9R 5N3
Tel: 514-505-9462
Contact: Vicki Veroff, Ph.D.
Email: westislandneuroandcounseling@gmail.com or westislandneuroandcounseling.com
Website: www.westislandneuroandcounseling.com
Multi-disciplinary clinic offering individual, couple, family and group therapies; neuropsychological/psycho-educational testing; tutoring/remediation (with a specialty in dyslexia), and various types of brain training. Assess and treat individuals with ADHD, learning delays/disabilities, social and emotional difficulties, behavioural problems, anxiety, depression and more.

SECTION 3.1.1
SUPPORT GROUPS

L’Étoile de Pacho
CP 97528, CP Wellington, Verdun, Quebec H4G 3M6
Tel: 514-464-7973
Website: www.etoiledepacho.ca
A support group for parents with children with physical and / or intellectual disabilities or a serious illness.

SECTION 3.2
OCCUPATIONAL THERAPY / PHYSIOTHERAPY / KINESIOLOGY

Choose To Learn
27 Rock Hill, Lac Brome, Quebec J0E 1V0
Tel: 450-242-2816 / Fax: 450-242-2331
Contact: Caroline Hui M.Sc.
Email: info@choosetolearn.ca
Website: www.choosetolearn.ca
O.T. for children with special needs including Autism, ADHD, Dyspraxia, sensory and motor difficulties.

Ergothérapie les milles-pattes
699 Marco-Polo, Boucherville, Quebec J4B 6K8
Tel: 450-449-4492 / Fax 514-394-7934
Contact: Josiane Caron Santha
Email: info@ergomp.com
Web site: www.ergomp.com
Occupational therapy for children, teens and young adults with ASD, ADD, and Asperger’s Syndrome. Osteopath services are also offered to babies and children.
**Groupe Ergo Ressources**

640 Chicoine Road, Vaudreuil-Dorion, Quebec J7V 7E4 (see website for 9 other offices in surrounding Montreal areas)
Tel: 450-455-3244 / Fax: 450-455-9166
Email: vaudreuil@ger-ergo.com
Website: www.ger-ergo.com

O.T., services children with motor delay, autism, ADD and sensory issues.

**L’Érgothérapie de la Maison à l’école (EDME)**

1020 Henri-Bourassa East, Montreal, Quebec H2C 1G2
Tel: 514-337-8866
Email: info@edme.org
Website: www.edme.org

**L’Essence en Mouvement**

246 Lacharité Avenue, Lasalle, Quebec H8P 2B8
Tel: 514-363-3531
Email: info@lessenceenmouvement.org
Website: www.lessenceenmouvement.org

Occupational therapy for children with developmental disabilities using a holistic approach.

**Movement & Physical Health Clinic (Kinesiology)**

Tel: 905-783-6363 (Clinics are throughout North America)

Website: www.mph-clinic.com

The MPH Clinic uses a Fascia approach for improving physical abilities for people of all ages.

**Notkin, Dorothy**

7797 Kildare, Montreal, Quebec H4W 1C6
Tel: 514-488-3138

Toddlers to teenagers with developmental delay, Autism, Dyspraxia, motor coordination. Uses sensory integration, neuro-development, Brain Gym®.

**R-Go Clic - Ergothérapie pour enfants**

137 Cure Labelle, Sainte- Rose, Quebec H7L 2Z1

www.rgoclic.com
info@rgoclic.com
Tel: 514-962-2542

Bilingual occupational therapy services for children and teens with difficulty in attention, motor skills, behaviour, writing, sensory functioning, learning, visual perception, computer skills, social skills, anxiety, daily activities, etc.

**Step by Step Physiotherapy**

6900 Decarie Blvd., Montreal, Quebec H3X 2T8
Tel: 514-804-8925 or
Dollard Des Ormeaux, Quebec H9B 2Y1
Tel: 514-963-7934

A pediatric physiotherapy clinic providing services in orthopedics, neurology and gross motor delay.
SECTION 3.3
OSTEOPATHY

LPP - Learning Potential Program
3230 boulevard Curé-Labelle, bureau 210 Laval, QC H7P 0H9
Tel: 450-688-2555
Contact: Mat Boulé D.O. Osteopath, Posturologist
Email: info@MatBoule.com
Website: MatBoule.com
The LPP approach aims at improving learning.

SECTION 3.4
PSYCHOLOGICAL SERVICES

Claro, Anthony, Ph.D.
Tel: 514-805-1503
Email: anthonyclaro19@gmail.com
Website: fb.me/dranthonyclaro
Licensed psychologist providing a wide range of psychological and psychoeducational assessments to identify ASD, developmental delays, intellectual disabilities, ADHD, learning disabilities, emotional/behavioural disorders in children, adolescents and young adults.

Dworkind, Marlene M.Ed., OPQ
Tel: 514-488-0555
Email: marlene@dworkind.com
Website: www.dworkindpsychology.com
Specializing in psycho-educational assessments for all ages. Services mainly those with learning disabilities and ADHD.

Kajzer, Branko M.A. CCPA
1851 Saint Catherine, Suite 220, H3H 1M2
Tel: 514-886-9901
Email: info@mytherapistmontreal.com
Website: www.mytherapistmontreal.com
Services provided include: Individual therapy, art therapy, groups, therapy for children and teens.

Montreal Autism & Asperger Clinic (formerly Normand Giroux)
7012 Boul. St-Laurent, suite 301, Montreal, Quebec H2S 3E2
Contact: Giroux, Norman Ph.D. – Specialists in autism
Tel: 514-776-8476
Email: ngiroux@clinique-autisme-asperger-mtl.ca

Montreal Autism and Psychological Evaluation Clinic (Formerly Ghosn, Anne-Marie & Rangel, Sabrina)
5115 Av. Trans Island, Suite 218-B1, Montreal, Quebec H3W 2Z9 (Metro Snowdon)
Tel: 514-441-9099
Email: info@cepam.ca
Website: www.autismemontreal.com
Bilingual private practice specializing in autism diagnostic evaluations. They also provide cognitive and developmental assessments.
**Parent-Child Resource Centre**  
2791 Côte-St-Catherine, Montreal, Quebec H3T 1B5  
Tel: 514-733-4959, ext. 225 / Fax: 514-733-1219  
Contact: Susan Hayut M.Ed.  
Email: info@susanhayut.com  
Website: http://susanhayut.com  
Psychologist employs a holistic approach in working with individuals with learning or behaviour issues.

**Pazzia-Guiducci, Dr. Olga OPQ**  
Tel: 514-466-1537  
Email: olga.pazzia-guiducci@mail.mcgill.ca or olgaphd@yahoo.ca  
Office in Snowdon area.  
Assessment and therapy for children and adults with special needs. Learning and behavioural problems, derogation, individual and family counselling, program development.

**Pidgeon, Catherine, M.A**  
1172 Champetre, St-Lazare, Quebec J7T 3K9  
Tel: 514-743-3388  
Services offered: parental coaching, psychological evaluation, intervention, possibility of meeting at home.

**Shoiry, Elizabeth BSc, OPQ**  
4226 St. Blvd St. Jean, Suite 205, DDO, Quebec H9G 1X5  
Tel: 514-736-0793  
Psycho educational/neuropsychological evaluation for children, adolescents and adults with ADHD, learning disabilities, Asperger Syndrome, as well as ASD.

**Votre Clinique de Psychologie / Your Psychology Clinic - Dr. Mary Tsonis**  
1595 Daniel Johnson, Suite 320, Laval, QC H7V 4C2  
Tel.: 514-357-2122  
Email: dretsonis@votrepsylaval.com/en  
Website: www.votrepsylaval.com  
Evaluations and intervention services for children, adolescents, adults, couples and families. Assess children with developmental, learning, behavioural or emotional difficulties with differential diagnostic evaluations for Autism Spectrum Disorders, developmental delays, ADHD, learning disabilities, neurological conditions (Tourettes, Epilepsy, Dysexecutive Syndrome etc.), anxiety disorders, and other psychiatric conditions and behaviour problems.
SECTION 3.5
SEXUALITY

Action pour l’Autisme, Asperger (formerly Isabelle Hénault)
1480 Bélanger Street East, Suite 101, Montreal, Quebec H2G 1A7
Contact: Isabelle Hénault, Psychologist - Ph.D. Sexologist – M.A
Tel: 514-990-3373
Email: ihenault@internet.uqam.ca
Website: www.actionautismeasperger.org
As a psychologist and sexologist, she works with people who have Autism or Asperger Syndrome. She also
works with parents.

Sexpressions (formerly Stephanie Mitelman Bercovitch)
PO Box 22516 5820 Monkland Avenue, Montreal, Quebec H4A 3T4
Contact: Stephanie Mitelman Bercovitch, M.A Certified Sexuality Educator
Tel: 514-935-3600
Email: info@sexpressions.ca
Website: www.sexpressions.ca
Specializing in special education, particularly for youth with autism spectrum disorders.

SECTION 3.6
SPEECH and LANGUAGE THERAPY / AUDIOLOGY

Audiology Centre West
2100 Marlowe Avenue, Montreal, Quebec H4A 3K6
Tel: 514-488-5558
Email: audioctrwest@videotron.ca
Website: www.audiology-centre-ouest.com
The clinic offers hearing services to clients from infants to adults of all ages. They also offer pre and post
hearing aid fitting evaluations to these age groups

Blocks Speech and Language Clinic
845 Querbes, Suite 200, Outremont, Quebec H2V 3X1
Tel: 514-712-5258
Contact: Perl Greenfeld, M.Sc., SLP.
Email: info@blockstherapy.com
Website: www.blockstherapy.com

Langmobile
Headquarters: St. Lambert Elementary School, 71 Green, St. Lambert, Quebec J4P 2L8
Mailing address: 3071 rue de Cadillac, Montreal, Quebec H1N 2V6. Tel: 514-352-4762
Email: info@langmobile.com
Language centre for children aged 3 – 11.

Maftoul, Rebecca SLP
Tel: 514-562-5736
Email: info@rebeccamaftoul.com
Website: www.rebeccamaftoul.com
Specializes in children with autism.

Montreal Fluency Centre
4626 Ste. Catherine Street West, Westmount, Quebec H3Z 1S3
Tel: 514-489-4320 / Fax: 514-489-9249
Contact: Dr. Rosalee C. Shenker
Website: www.montrealfluency.com
Email: info@montrealfluency.com
Provides bilingual services in speech therapy and educational psychology to preschoolers to high school.
Speech Language Fun (formerly Stephanie Finkelstein)
6525 Decarie Blvd., Suite 217, Montreal, Quebec H3W 3E3
Tel: 514-941-1010
Contact: Stephanie Finkelstein, M.Sc. SLP
E-mail: stephanie@speechlanguagefun.com
Website: www.speechlanguagefun.com
Consultations, evaluations, and therapy also available in the following areas: early intervention, autism spectrum, social skills/pragmatics, stuttering/fluency, voice, articulation, apraxia/motor speech, language, pre-literacy, tongue thrust, and auditory processing. Home/school visits also available.

Speech Therapy Montreal (formerly Mindy Niloff Backler)
5555 Westminster, Suite 210, Cote-St.-Luc, Quebec H4W 2J2
Tel: 514-346-4258
Contact: Mindy Niloff Backler, M.Sc., CCC-SLP
Email: mindy@speechtherapymontreal.com
Website: www.speechtherapymontreal.com
Evaluating and treating speech and language delays and disorders, articulation and phonology, Autism Spectrum Disorders/PDD, language-learning disabilities, and stuttering.

Spector-Eisenberg, Stacey MSc SLP
Tel: 514-862-6344
Assessment and individual intervention for pre-school and school aged children.

Tellit-Dire
6525 Decarie Blvd, Suite 310, Montreal, Quebec H3W 3E3
Tel: 514-731-1411 / Fax: 514-678-4662
Email: info@tellitdire.com
Website: www.tellitdire.com
Offers bilingual therapy to people of all ages.

The Voice Box
4135A Jean Talon West, Montreal, Quebec H4P 1W6
Tel: 514-737-4949 / Fax: 886-626-2829
Email: info@thevoicebox.ca
Website: www.thevoicebox.ca
Offering bilingual services to people of all ages. This also includes children affected by Autism, speech and language delays, or language based learning disabilities.

West Island Speech Clinic
5102 Fraser, Pierrefonds, Quebec H8Z 2S5
Tel: 514-551-0493
Contact: Lindsay Lapaquette
Email: lindsay@westislandspeech.ca
Website: www.westislandspeech.ca
Team of Speech-Language Pathologists offering bilingual services to children aged 0-12.

Zeviar, Michelle, SLP
236 Neptune Blvd, Dorval, Quebec H9S 2L4
Tel: 514-567-2625 / Fax: 514-487-1150
Bilingual service in treating children of all ages with communication disorders.
SECTION 3.7
MEDICAL TESTING AT HOME

Santé Mobile A1
12348 Rue Lachapelle, Montréal, Quebec H4J 2M8
Tel: 514-461-1186 / Fax: 514-409-2475
Contact: Antonio Izzo
Email: info@santemobile.com
Website: www.santemobile.com
Mobile medical testing services will come to your home to perform lab tests for people of all ages.
SECTION 4
RECREATIONAL ACTIVITIES AND THERAPIES

Altergo
525 Dominion St., Suite 340, Montreal, Quebec H3J 2B4
Tel.: 514-933-2739 / Fax: 514-933-9384
Email: info@altergo.net
Website: www.altergo.net
Promotes culture, sports and recreation for disabled persons, including support to participate in everyday programs offered in their own communities. To help your child participate, may be entitled to a subsidy to pay for the costs of a personal attendant. Request information from Altergo. Click on www.altergo.net/resources/repertoire for extensive lists by disability, age or activity.

Kéroul
4545 Pierre-De Coubertin Ave., Montreal, Quebec H1V 3R2
Tel: 514-252-3104 / Fax: 514-254-0766
Email: infos@keroul.qc.ca
Website: www.keroul.qc.ca
Data on accessible hotels, motels, restaurants and tourist attractions for travellers with restricted mobility. Data bank available on accessible places in Quebec.

SECTION 4.1
ART / DRAMA THERAPY

Autism and Art in the Laurentians (AAL)
Laurentian Regional Community Learning Center
448 Argenteuil, Lachute, Quebec J8H 1W9
Tel: 450-562-8571 Ext. 8449 / Fax: 450-562-5494
Contact: Melanie Bujold
Email: mbujold@swlauriersb.qc.ca
AAL is a free art and social program for anglophone teens and young adults on the autism spectrum who live in the Laurentians.

Centre for the Arts and Human Development (CAHD)
7079 Terrebonne Avenue, Montreal, Quebec H4B 2B4
Tel: 514-848-2424
Contact: LenoreVosberg
Website: www.cahd.concordia.ca
Is an educational, clinical and research centre serving adults with developmental and intellectual disabilities. The program uses four types of creative arts therapies – art, drama, music and dance/movement – to promote autonomy, improve self-confidence and social skills, and enhance overall quality of life for its participants CAHD is under the Department of Creative Arts Therapies in the Faculty of Fine Arts at Concordia University.

Glee Project
2100 Marlowe, Montreal, Quebec H4A 3L5
Tel: 514-884-0331
Furlong, Jennifer Lee MA, CCC
Email: Jenniferleefurlong@gmail.com
Creative arts therapist specializing in music and drama with adults and children with developmental disabilities. Works with groups and individuals with a humanistic approach focusing on socialization, integration, developing self-esteem and self-mastery.
I Can Dream Theatre
Email: icandreamtheatre@gmail.com
Facebook: I Can Dream Theatre – Montreal
Website: www.icandreamtheatre.com
A charitable community organization that provides adults with special needs opportunities to develop their talents in the performing arts, specifically in the areas of acting, singing, dancing and playing musical instruments.

Kerstein, Ali, Drama Therapist
4211 St. Catherine Street West, Montreal, Quebec
Tel: 514-887-3674
Email: alikirstzan@gmail.com
Using drama therapy, works with children and families with varying needs including special needs ie. social issues, physical disabilities, emotional difficulties, eating disorders, depression. Provides another avenue for communicating issues.

Montreal Therapy Centre
Queen Elizabeth Health Complex, 2100 Marlowe, Suite 539, Montreal, Quebec H4A 3L5
Tel: 514-249-7262
Contact: Jennifer Berbrier
Email: jbrbrier@montrealtherapy.com
Website: www.montrealtherapy.com
Servicing visually impaired adolescents.

Temple Art Hive
Temple Emanu-El-Beth Sholom
4100 Sherbrooke Street West, Westmount, Quebec H3Z 1A5
Contact: Rachel Desjordy
Email: rachel@templemontreal.ca
Website: www.templemontreal.ca
An inclusive art initiative where people of all ages and abilities can do art.

The Children’s Theatre
Studio address: 6224 Godfrey Ave Montreal, Quebec H4B 1K3
Mailing address: Montreal Children’s Theatre, P.O. Box 22530, Montreal, Quebec H4A 3T4
Tel: 514-484-6620
Email: contactus@childrens-theatre.ca
Website: www.childrens-theatre.ca
Acting classes for cognitively high functioning children and adolescents with autism or social challenges. No acting experience necessary.

Spectrum Productions
5445 Gaspe Avenue, local 415, Montreal, Quebec H2T 3B2
Tel: 514-448-1644
Email:info@productionsspectrum.com
Website: productionsspectrum.com
Creating opportunities for youth and young adults on the autism spectrum through video and media productions. They offer five programs to their participants. The programs are:
1) Summer day camp for all ages.
2) After school program - weekly 2-hour sessions are offered during the school year, to give participants the chance to explore their creative interests through video production.
3) Saturday morning cartoons - is based on creating cartoons, stop-motion animations and small productions.
4) Social club – meets on Friday nights, cooks supper and engages in social activities.
5) Youth social club - This program is aimed specifically at youth aged 8 – 14 and runs approximately
twice a month on Saturday from 1-4 pm. Using the framework from the Friday social club.

6) Production Club - Production Club is aimed at giving young filmmakers experience working with industry-standard equipment while advancing their understanding about camera, lighting, sound, directing and editing.

VSAQ Visions sur l’Art Quebec
Studio address: 7005, boul. de Maisonneuve Ouest, Montreal, Quebec H4B 1T3
Mailing address: 6560 Viau Montréal, (Québec) H1T 2Y7
Tel: 514-527-4527 ext. 2261
Email: vsaq@vsaq.org
Website: www.vsaq.org
Promote the development of creativity and artistic talents in people with special needs and the integration of these artists into Québec’s artistic community.

SECTION 4.2
MUSIC THERAPY

Association québécoise de musicothérapie
Tel: 514-264-6335
Email: info@musicotherapieqm.org
Website: www.musicotherapieqm.org
An association that has a database of music therapists in Quebec.

Mackell, Grace, MTA
6251 Rue Alma, Montreal, QC H2S 2W2
Tel: 438-889-1208
Email: gmackell@gmail.com
Works with young children with Autism and children with all types of needs. Offering private contracts.

Piano Art
Tel: 514-254-2533
Email: rady4433@hotmail.com
Website: rady4433.wix.com/pianoart
Bilingual adapted piano lessons for students with ASD/autism, ADHD and other developmental disabilities.

Westmount Music Therapy
4695 Maisonneuve West, Westmount, Quebec H3YZ 1S4
Contact: Alison Usher-Jones, BMT, MTA
Tel: 514-942-0698
Email: info@westmountmusictherapy.ca
Website: www.westmountmusictherapy.com
Bilingual music therapy for with children and youth with autism, Asperger’s, Syndrome ADD/ADHD, emotional regulation, anger management, youth at risk, mental health issues and more.
SECTION 4.3

CHEERLEADING

Flyers All Starz Special Needs Cheerleading
9233 Thimens, Pierrefonds, Quebec H8Y 0A1
Tel: 514-332-3777 – ask for Stephany De Rosa, Team Coach or Helen Dicso, 514-916-0911
Email: info@flyerscheerleading.net
Website: www.flyerscheerleading.net
Games, physical fitness, gymnastics, tumbling, stunting, pyramids, performances and fun. Adapted program for all types of disabilities including ASD, Down syndrome, physical, intellectual, behavioural, ADHD, etc. Program is individualized.

North Shore Extreme Cheerleading
1430 Hymus Boulevard, Dorval, Quebec H9P 1J6
Tel: 514-683-6111
Email: cheer-nsc@hotmail.com
Website: www.nscheer.com
The ‘Dream Team’ is a team for children with special needs including intellectual disabilities and autism. Has been working in association with WIAIH for 4 years. Also offers hip hop classes as their own endeavour.

SECTION 4.4

GYM AND SWIM

Aqua-K.I.D.S.
NDG YMCA, 4335 Hampton, Montreal, Quebec H4A 2L3
Tel: 450-698-2425
Contact: Judy Deere
Swim, art, and gym program for children with learning disabilities, ADHD and mild Autism. Ages 6-16.

Aqua Percept and Adapted Gym & Swim Program
Malcolm-Knox Aquatic Centre
98 Douglas Shand, Pointe-Claire, Quebec H9R 2A8
Tel: 514-630-1202 / Fax: 514-630-1265
Email: aquatics@ville.pointe-claire.qc.ca
Website: www.lavalfamilies.ca
Co-ed, ages 4-10. Aqua Percept: Gym and swim program for children with motor problems, ADD, ADHD, or poor coordination. Adapted Gym & Swim Program for lower functioning children. 1 hour program during the year. For summer camp, see camp section.

Gymn-Eau Montréal
660 Villeray, Montreal, Quebec H2R 1J1
Activities held at - Collège Notre-Dame, 3799 Queen Mary Road,
Tel: 514-721-3663
Email: montreal@gymno.org
Website: gymno.org
Programs that include indoor gym, pool, and socialization activities for children with learning disabilities, ages 5-15.

Other locations:

Laval
2465 rue Honoré-Mercier, Laval, Quebec H7L 2S9
Tel: 450-625-2674 / Fax: 450-625-3698
Email: laval@gymno.org
Repentigny  
Centre aquatique Jacques-Dupuis  
A/S GymnO Lanaudière  
130 rue Valmont, Repentigny, Quebec J5Y 1N9  
Tel: 450-582-7930  
Email: lanaudiere@gymno.org

P.L.A.Y.@Gym  
2090 Trans-Canada, Dorval, Quebec H9P 2N4  
Tel: 514-795-4266  
Email: playatgym@gmail.com  
Website: playlimitless.ca  
A gymnastics program designed by an occupational therapist to address the many needs of kids/adolescents/adults with special needs. New participants require an evaluation prior to registration.

SwimAbility  
Website: www.community.mcgill.ca/programs/swimability-montreal/  
Provides swimming lessons specifically adapted to children with special needs. Instructors are trained to teach children with a range of needs, including Down syndrome, autism, Global developmental delay, epilepsy, ADD, visual and hearing impairments. Established under the umbrella of the Students’ Society of McGill University, volunteer run by McGill students.

SECTION 4.5  
HORSEBACK RIDING

EquitationTherapeutic La Difference  
11381 Cote Des Anges, Mirabel, Quebec J7N 2W3  
Tel: 450 475 0198  
Contact: Manon Noel  
Email: equitationtherapeutiqueladifference@hotmail.com

ProjetEquestre Goldie  
11856 Rang St Etienne, Saint Benoit, Quebec J7N 2T2  
Tel: 450 258 4666  
E-mail: info@projetgoldie.com  
Website: www.projetgoldie.com  
Provides therapeutic riding services for children with physical and mental disabilities, and/or learning difficulties.

Lucky Harvest Therapeutic Riding Centre  
1900, Route 202, Hinchinbrooke, Quebec J0S 1A0  
Tel: 450-264-0282  
Website: www.luckyharvestproject.wordpress.com  
Equine therapy for persons of all ages, living with physical, intellectual, developmental, psychological, or emotional limitations. Bilingual services.
SECTION 4.6
MARTIAL ARTS

ADAMA - Association de Développement des Arts Martiaux Adaptés
5118 2e Avenue, Montréal, Quebec H1Y 2Y1
Tel: 514-817-4614
Website: www.adamacanada.org
The association offers adapted judo and karate to anyone with special needs.

Autism Karate
Tel: 514-290-7193
Contact: Chief Instructor: Andre Langevin
Email: Shivayara45@hotmail.com
Courses every Saturday at PROFORM LAPRAIRIE 50 boul. Taschereau at 13:00 as well at the GOLD CENTER 5331 Ferrier every Sunday at 10:00.
A conclusive experience for children with autism, Asperger’s Syndrome and their parents. Ages 3 and up.

SECTION 4.7
SAILING

The Association Québécoise de Voile Adaptée (AQVA): Provincial Organisation
Head office: 35 - 2025 Quesnel, Montreal, Quebec H3J 2K9
Tel: 514-846-2171
Email: info@aqva.org
Website: www.aqva.org
Pointe Claire Yacht Club:
1 Avenue Cartier, Pointe Claire, Québec H9S 4R3
Tel: 514-694-8021
Email: aqva.reservations@gmail.com
Offers people with mobility impairments regardless of their level of ability to discover the joys of sailing. This is done with the specially designed sailboats which is adapted to each sailor.

SECTION 4.8
SKATING

Saint-Léonard Figure Skating Club
7755, Colbert Street, Saint-Léonard, Quebec H1S 2Y7
Tel.: 514-593-7878 / Fax: 514-593-9954
Contact: Annalisa Piccolo
For children 5-13 years with intellectual and physical disabilities.

SECTION 4.9
SOCCER

St. Lazare Hudson Soccer Club
1850 Rue des Loisirs #157, Saint-Lazare, Quebec J7T 3B4
Tel: 450- 510-0022
Email: mightyhawks@slhsoccer.com
Website: www.slhsoccer.com
A program for children, teens, and young adults aged 5 to 20 who are intellectually challenged, or who suffer from poor social skills or low self-esteem due to behavioural or learning difficulties, autism, Down syndrome, visually impaired, epilepsy, physically impaired but mobile, cerebral palsy, severe dyslexia, dyspraxia, dysphasia, dysarthria, juvenile arthritis and more.
Super Sonics Soccer, Lakeshore Soccer Club
1689 St. Hymus, Kirkland, Quebec H9H 3L4
Tel: 514-697-6973 / Fax: 515-697-7218
Website: www.lakeshoresoccer.ca
Program is open to children aged 4 - 20 years who are intellectually challenged, or who suffer from poor social skills or low self-esteem due to behavioural or learning difficulties. (This includes children with varying spectrums of autism, Down syndrome, visually impaired, epilepsy, physically impaired but mobile, cerebral palsy, severe dyslexia, dyspraxia etc.)

SECTION 4.10
SKIING

Centre de Ski Mont Rigaud
321 des Érables, Rigaud, Québec J0P 1P0
Tel: 450-451-0000 or 514-990-1286
Email: info@skimontrigaud.com
Website: www.ski.montrigaud.com
Private ski lessons with qualified instructors for children with disabilities.

Adaptive Sports Foundation (Formerly The Eastern Townships Disabled Skiers Foundation)
549 Knowlton, Knowlton, Quebec J0E 1V0
Tel: 450-243-5985 / Fax: 450-243-1145
Website: www.adaptivesports.ca
Offers winter and summer sports activities to physically disabled children and adults.

Ski Mont Habitant
12 chemin des Skieurs RR 2, Saint-Sauveur, Québec J0R 1R2
Tel: 450-227-3168 or 1-866-887-2637
Web: www.monthabitant.com
Private ski lessons with qualified instructors for people with disabilities.

Special Olympics Ski Club of Owl’s Head
40, chemin du Mont Owl's Head, Mansonville, Québec J0E 1X0
Tel: 450-292-3342 / Fax: 450-292-3067
Website: www.owlshead.ca
Alpine ski courses at Owl’s Head Ski Center, under the supervision of instructors/coaches who are qualified in working with people living with an intellectual disability, and assisted by volunteers.
SECTION 4.11
YOGA

Shevaya Wellness (formerly Monica Merleau/Shevaya Wellness)
Located in the Nurse Bar of the Decarie Square
6900 Decarie Montreal Quebec H3X 2T8
Tel: 438-406-8292
Email: shevayawellness@gmail.com
Website: www.shevaya.com
Yoga Sessions.

Ondine Guralnick
Tel: 514-912-7397
Website: www.expoyoga.ca
Ondine is a certified Yoga Hatha teacher, who combines art and yoga.

Yoga with Jackie
Tel: 514-295-7742
Email: jackiegonshor@yahoo.ca
Website: fb.com/YogaWithJackieHerman
Jackie is a certified Yoga Instructor with 340 hours of training, and is certified to work with children and teens with ADHD and Autism, and is a certified Support Worker. In Jackie's Yoga classes the children play games, sing, laugh and have fun. Classes provide skills for self-regulating, breath work for focusing, practicing yoga postures that increase brain and body coordination, enhancing social/emotional and sensory awareness. Private or group home sessions, daycares, schools and camps.

SECTION 4.12
DANCE

Funky Feet Dance Company (formerly Funky Feet Canada)
3049 Rue Deacon, Suite D, Dollard Des Ormeaux, Quebec H9B 2M5
Tel: 514-684-7300
Email: info@funkyfeet.ca
Website: www.funkyfeet.ca
Dance classes for children and teens.

National Centre for Dance Therapy
Les Grands Ballets Canadiens de Montréal
1435, De Bleury, suite 500, Montréal, Québec H3A 2H7
Tel: 514-849-8681
Contact: Amy Éloïse Mailoux
Email: dansetherapie@grandsballets.com
Website: www.grandsballets.com/en/national-centre-for-dance-therapy
The NCDT provides adapted dance classes to children with Down’s syndrome, autism, and intellectual disabilities.
SECTION 4.13
ZOOTHERAPY

Coopérative de solidarité Espace-Temps
41 Grand Boulevard, L’Ile-Perrot, Quebec J7V 4W3
Tel: 514-902-0872
Zootherapy as a branch of psychology, decrease anxiety, increase cognitive functions, well-being, communication)

Donne La Patte – Animal Assisted Therapy
Contact: Lise Sandstrom
Tel: 514-229-2526
Email: donnelapatte@bell.net
Animal assisted therapy (zootherapy).

Pup Wellness (formerly PACCK Foundation)
647 Route 202, Hemmingford, Quebec J0L 1H0
Tel: 514-244-0168
Email: info@pupwellness.com
Website: www.pupwellness.com
They offer a program at Giant Steps whose students with ASD and developmental disabilities participate in a Canine-Assisted Pre-vocational and Therapy programs. They have expanded their therapy programs to a wider age range and abilities.

Zoo & Play Therapy
Tel: 514-979-2252
Contact: Brittany Fellner
Email: Brittanyf_@hotmail.com
Recreational Therapist Brittany Fellner specializes in zoo and play therapy either at the clinic or home visits.

SECTION 4.14
SERVICE DOGS

ASISTA
4530 Autoroute 440, Laval, Quebec H7T 2P7
TEL: 450-781-1200 ext. 3031
EMAIL: INFO@ASISTA.CA
WEBSITE: ASISTA.CA
Supplying certified service dogs on a short and long term basis people with ASD.

MIRA
Head Office
1820 Rang Nord-Ouest, Sainte-Madeleine Quebec J0H 1S0
Tel: (450) 795-3725 Fax: 450-795-3789
Email: www.info@mira.ca
The Mira Foundation provides dogs to individuals with one or many visual or motor disabilities, and to children presenting an autism spectrum disorder (ASD) or PDD.
SECTION 4.15

**TENNIS**

**Proset Autism**
Tel: 438-321-1564  
Email: info@prosetautism.ca  
Website: www.prosetautism.ca

An adapted tennis program for children, teens and adults with ASD, Asperger’s, PDD-NOS, ADHD and Down Syndrome. There are six locations; Pincourt, Kirkland, Vaudreuil, Westmount and two in Pointe Claire.

SECTION 4.16

**OTHER RECREATIONAL THERAPIES AND ACTIVITIES**

**I Can Dream Theatre**
Tel: 514-754-4518/514-965-1216  
Email: icandreamtheatre@gmail.com  
Website: www.icandreamtheatre.com

Provides adults with special needs opportunities to develop their talents in the performing arts, through performance, ICĐT gives adults with special needs opportunities to develop and reinforce skills that contribute to their lives. Skills that include independence, responsibility, commitment, perseverance, social skills, self-confidence and friendship.

**Eli Experience**
1275 Avenue des Canadiens-de-Montreal, Montreal, Quebec  
Tel: 514-718-6377  
Email: vanessa@eliexperience.com  
Website: eliexperience.com

They integrate children with ASD and sensory processing difficulties into everyday social and community settings. Events are held at different locations in Montreal.

**The Sylvan Adams YM-YWHA**
Ben Weider Jewish Community Centre  
5400 Westbury Avenue, Montreal, Quebec H3W 2W8  
Tel: 514-737-6551, ext. 235 / Fax: 514-735-8109  
Website: www.ymywha.com

The Marlene and Joel King Special Needs Department offers a variety of recreational and leisure activities to children and adults with special needs. The programs are for people with special needs, be they physical, developmental or intellectual.

**Dynamix**
Tel: 514.333.8326  
Contact: Corey Szwarcok  
Email: Montreal@getdynamix.com  
Website: http://www.getdynamix.com

Works with children with special needs by providing experiential teambuilding workshops to help develop critical social and cooperative skills.

**Friendship Circle**
3737 Van Horne, Montreal, Quebec H3S 1R9  
Tel: 514-735-2255 / Fax: 514-735-8725  
Contact: Sima Paris  
Email: info@friendshipcircle.ca  
Website: www.friendshipcircle.ca

The programs are for children, teens and young adults with special needs. The programs are designed to nurture the person’s social, physical, and cognitive skills. Respite Teenage volunteers and educators interact with individual with special needs to build friendships. Also, support programs for siblings and parents.
Hope Corporation for the Intellectually Disabled Children
Corporation l’Espoir du Déficient
55 Dupras Ave., Lasalle, Quebec H8R 4A8
Tel: 514-367-3757 / Fax: 514-367-0444
Email: info@corporationespoir.org
Website: www.corporationespoir.org
Offers a variety of programs for children with intellectual disabilities.

Montreal Museum of Fine Arts
1380, Sherbrooke Street O, Montreal, Quebec H3G 1J5
Tel: 514-285-2000
Website: www.mbam.qc.ca
The Sharing the Museum programme gives people with special needs the opportunity to interact with works of art in the Museum’s encyclopedic collection. This programme allows visitors who are usually excluded from the cultural experience to take part in free activities designed especially for them. Participants and their families have found these activities to be very rewarding.

Leisure Centre for the Deaf (formerly Montreal Recreational Centre for the Deaf)
8146 Drolet, Montreal, Quebec H2P 2H5
Tel/TTY: 514-383-0012 / Fax: 514-385-6795
Provides deaf individuals with an opportunity to participate in activities adapted to their needs and for members to receive mutual support, along with various other services.

Odyssey Zone—A Centre for Creative and Play Therapies
Queen Elizabeth Health Complex
2100 Marlowe Ave, Montreal, Quebec H4A 3L5
Tel: 514-485-6556 / Fax: 514-748-6312
Contact: Sheila Karen Ostroff  MA.  CCC.  CPT.  AATQ
Email: aloha@ostroff.com
Website: www.creativeandplaytherapy.com
Certified psychotherapist and play therapist who provides therapy to children affected by ADHD, LDs, as well as trauma and loss.

Quebec Blind Sports Association (ASAQ)
4545 Pierre-De-Coubertin Ave, Montreal, Quebec H1V 0R2
Tel: 514-252-3178
Email: infoasaq@sportsaveugles.qc.ca
Website: www.sportsaveugles.qc.ca
Promotes and organizes sports activities for semi-blind and visually impaired children and their siblings aged 6 to 14 years in Quebec.

Quebec Deaf Sports Association (ASSQ)
4545 Pierre-De-Coubertin Ave., Montreal, Quebec H1V 0R2
Tel/TTY: 514-252-3069 / Fax: 514-252-3049
Website: www.assq.org
Promotes sports, recreational and physical activity for deaf and hearing-impaired people in Quebec.

Quebec Wheelchair Sports Association (AQSFR)
4545 Pierre-De-Coubertin Ave., Montreal, Quebec H1V 0R2
Tel: 514-252-3108 / Fax: 514-254-9793
Email: crgm@info-reference.qc.ca
Website: www.aqsfr.qc.ca
Coordinates and facilitates the access to wheelchair sports at every level of performance for disabled people.
Special Olympics Quebec
1274 Jean Talon East, Suite 200 Montreal, Quebec H2R 1W3
Tel: 514-843-8778 / Fax: 514-843-8223
Email: info@olympiquesspeciaux.qc.ca
Website: www.josq.qc.ca
Promotes sports events for individuals with intellectual disabilities. The organization has many branches, check their website.

Sportball
63 Rue Beacon Kirkland, Quebec H9J 2E9
Tel: 514-331-3221
Email: adminqc@sportball.ca
Website: www.sportball.ca
Non-competitive sports instruction for children 16 months – 12 years old. Kids are introduced to eight popular sports: soccer, hockey, basketball, baseball, volleyball, tennis, golf and football. Check website for their many other locations.

Viomax
Luci-Bruneau Rehabilitation Centre
2275 Laurier Avenue East, Montreal, Quebec H2H 1L6
Tel: 514-527-4527 # 2329 / Fax: 514- 527-0979
Email: informations@viomax.org
Website: www.viomax.org
Offers a variety of programs for physically and intellectually disabled children and adults.
SECTION 5
TUTORING SERVICES

Brightside Learning
Tel: 514-242-5162
Contact: Robin Bernstein
Email: info@brightsidelearning.com
Website: www.brightsidelearning.com
Specialized programs help students realize their potential and become independent, self-advocating learners. Services include academic coaching/tutoring, successful learning strategy implementation and literacy programs for various types of learners, including those with learning disabilities.

Club Education
Elm Plaza, 275 Elm Avenue, Unit 10, Beaconsfield, Quebec H9W 2E4
Tel: 514-674-0914
Email: ClubEd@videotron.ca
Website: www.clubed.ca
A place to learn, and learn how to learn. Tutoring K- Secondary V, Communication with schools and teachers, educational assessments, learning packages, supervised homework, test & exam preparation, career counseling, study skills, speech/language assessments and therapy, social skill groups for children with high functioning Autism, Aspergers and PDD.

Education360
99 Place Frontenac, Pointe-Claire, Quebec H9R 4Z7
Tel: 514-426-1360 / 1-866-656-1360 / Fax: 514-426-8071
Email: info@education360.ca
Website: www.education360.ca

Kumon
Tel: 514-733-3889
Contact: Kumon for a centre near you.
Website: www.kumon.com
A learning centre which offers an after school program which focuses on math and reading from pre-school to the end of high school.

Lansdowne Tutoring Centre (two sites)

SITE 1
1000 Lucerne Road, suite 200 Town of Mount Royal, Quebec H3R 2H9
Tel: 514-487-6516 / Fax: 514-487-0909
203 Hymus Blvd #200, PointeClaire, Quebec H9R 1E9
Tel: 514-697-4133 / Fax: 514-697-4580
Website: www.thelansdownecentre@org

SITE 2
203 Hymus Blvd #200, PointeClaire, Quebec H9R 1E9
Tel: 514-697-4133 / Fax: 514-697-4580
Website: www.thelansdownecentre@org
Offers tutoring on reading, writing and mathematics remediation, cognitive and learning strategy instruction, and organizational support from pre-school thru university.

Lise L’Heureux, Written Language Learning Specialist
M.A Language Didactics, GradDip Psycholinguistics
4582 Melrose, Montreal, Quebec H4A 2S9
Tel: 514.768.9567
Email: info@liselheureux.com
Website: www.liselheureux.com
Learning Specialist who teaches English and French reading and spelling to dyslexic children, teens and adults using a systematic language-based approach developed specifically for learners with language processing deficits associated with dyslexia. Also tutors children with other developmental deficits that inhibit written language acquisition.
Oxford Learning Centre
Tel: 514-481-4441 Fax: 514-481-0446
Contact: Oxford Learning Centre for a centre near you.
Website: www.oxfordlearning.com
Uses cognitive learning techniques to help children develop more effective ways of thinking, concentrating, listening and remembering. Offers tutoring programs for school subjects in every grade.

Strategic Learning Centre
189 Hymus Blvd. Suite 201, Point-Claire, Quebec H9R 1E9
Tel: 514.631.9745 / Fax: 514.631.5728
Email: info@strategiclearning.ca
Website: www.strategiclearning.ca
Assessments are done with students to get to the root of their specific needs and challenges, and then the professionals develop solutions to help them become better, more confident learners.
SECTION 6
VOCATIONAL SERVICES

Section 6.1
Transitioning Resources

John Grant High School
5785 Parkhaven Avenue, Cote Saint-Luc, Quebec H4W 1X8
Tel: 514-484-4161
Principal: James Fequet
Email: johngrant@emsb.qc.ca
Website: www.emsb.qc.ca/johngrant

The school is devoted to servicing the needs of students with mild to severe learning disabilities, aged 12-21 years of age. Students follow a modified program and may continue on to receive a Ministry Certificate in the Work Oriented Training Path upon successful completion. Though this is not a high school leaving certificate (Diplôme d'études secondaires or DES), it is an official certification designed to prepare students for the workforce. Students may also receive Ministry Certification through their Challenges Program. They also offer a local Transition Program designed to prepare students for adult life.

LIFE Program (Learning Independence through Functional Education), LBPSB
Located at Lindsay Place High School

L.I.N.K.S.
9905 Papineau Street, Montreal, Quebec H2B 1Z9
Tel: 514-723-2845
Principal: Angela Vaudry
Email: links@emsb.qc.ca
Website: www.emsb.qc.ca/links

The school services students ages 12-21 who have been diagnosed with mild to severe learning disabilities. Their focus is to ensure the academic, moral, social, and cultural aspects of the students and become contributing members of society. They offer four programs that can be tailored to meet the needs of each student. The programs are CASP (Competency-based Approach to Social Participation), Challenges, MAP (Modified Academic Programme), and WOTP (Work Oriented Training Path)

Moisson Montreal
6880 Chemin de la Côte-de-Liesse, Saint-Laurent, QC H4T 2A1
Tel: 514-344-4494
Website: www.moissonmontreal.org

Is a food bank. An excellent way to learn work and socialization skills. They have had individuals as volunteers from Summit T.E.C.C., Giant Steps School, CRDI TED, École Évangéline, and the Miriam Home.

Montreal Museum of Fine Arts
1380, Sherbrooke Street O, Montreal, QC, H3G 1J5
Tel: 514-285-2000
Website: www.mbam.qc.ca

The Art of Being Unique is an artist-in-residence programme for young adults with an autism spectrum disorder or an intellectual disability. This programme gives participants the opportunity to create an art project that will develop their talents and social skills through contact with art. The Museum is working in partnership with Concordia University on pilot projects with the Miriam Foundation, Les Petits Rois, Giant Steps and École Irénée-Lussier.

Peter Hall School – Gateway Program
840, Boul. de la Côte-Vertu, St-Laurent, Quebec H4L 1Y4
Tel: 514-748.6727. ext. 2230
Contact: Mrs. Sherilyn Ami, Director of Educational Services
Welcomes students with intellectual disabilities, Pervasive Developmental Disorders and psychopathological disorders between the ages of 15 to 21. Promotes independence and supports the philosophy of "Life Long Learning" through a variety of educational activities within the school and the community.
The centre has two federally funded programs:

**Worktopia: Community Works Canada® (CWC)** is a pre-employment training program for teens and young adults ages 15 to 21 with Autism Spectrum Disorder (ASD).

**Worktopia: Employment Works Canada** (EWC offers employment preparedness training for individuals ages 15-29 with Autism Spectrum Disorder (ASD), as they transition from high school to independent adulthood. Program participants engage in opportunities to develop social, communication and job skills.

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**Summit School WOTP Program TECC Campus**

1819 Rene Levesque West, Suite 200 Montreal, Quebec H3H 2P5

Tel: 514-933-4464

Email: admin@summitschool.com

The Work-Oriented Training Path (WOPT) is designed for students 15 years and older who are working at the pre high school level of English language arts and Mathematics. WOTP prepares student for a gradual transition from school to work by offering opportunities to develop specific academic skills, solid life skills, and concrete workskills and habits.

The WOPT program is also available at L.I.N.K.S. See L.I.N.K.S. above in this section.

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**Sun Youth**

4251 St Urbain St, Montreal, QC H2W 1V6

Tel: 514-842-6822

Website: www.sunyouthorg.com

Is a food and clothing bank. They are receptive to having people with special needs as volunteers. Volunteering leads to gaining socialization skills, respecting routine and learning to adapt to a work environment.

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**Transition École Vie Active (TEVA)**

EMSB

Tel: 514-483-7200 ext. 7299

Email: pevangelista@emsb.qc.ca

The program is a transition plan with the goal to develop a concrete action plan designed to support students in the transition period by coordinating and facilitating the community, social, and education services, as well as efforts of the caregivers. “The goal is to meet the unique needs of each student by identifying their strengths, abilities, hopes and goals for life after school so they’re ready for employment and independent living.”
Section 6.2
Work-Study Program

CO-OP Program, LBPSB
Lester B. Pearson School Board
Classes at Vanier CEGEP and John Abbott College
Tel: 514-422-3000 #4470
Website: www.ssd.lbpsb.qc.ca/eng/coopedu
The three year program is for students between the ages of 18-21 with developmental delays and autonomous to travel to school and work. Students are eligible within the LBPSB High School network and are referred by school resource teams.

Section 6.3
Rehabilitation Centres

Centre de Réadaptation Lucie-Bruneau
2275 Laurier Avenue East, Montreal, QC H2H 2N8
Tel: 514-527-4527
Website: luciebruneau.qc.ca
The Workplace Rehabilitation Program is for individuals with motor or neurological impairments. The Program evaluates and develops the skills and abilities of the individual in relation to work or studies to reduce environmental barriers and facilitate integration into the workplace.

Constance-Lethbridge Readaptation Centre
Work Evaluation and Orientation Program
7005 de Maisonneuve Blvd. West, Montreal, Quebec H4B 1T3
Tel: 514-487-1891 #300
Website: http://www.constance-lethbridge.qc.ca
The program is for individuals with motor and speech and language disabilities.

CROM West Montreal Readaptation Centre (WMRC)
The centre is for people with an intellectual disability (ID), autism spectrum disorder (ASD) or pervasive developmental disorder (PDD). Offers services to facilitate work integration, maintain skills, develop interests, acquire knowledge and improve quality of life. The centre has three programs, Labrosse Workshop, Benny Day Program, and Team Internships at Standard Life. The centre also provides habilitation, rehabilitation, residential and community integration services in English and French.

Labrosse Workshop is a program that provides work integration opportunities to WMRC users, who dismantle computers for recycling by Envirotree.

Benny Day Program has two components. In the work program user package products for WMRC’s community integration partners or learn other work skills. In the social program, users are supported by a team of specialized staff, two teachers from the English Montreal School Board and therapists in music, art and recreation.

Team Internships at Standard Life is a program in which the WMRC users assemble over 2,000 product literature kits weekly, which are then distributed to customers of the company’s Group Savings and Retirement division. The work is done at Standard Life and provides them with a professional, structured environment to exercise their strengths and interests.

Section 6.4
Vocational Service

IAM CARES / AIM CROIT
433 Chabanel Ouest, Mezzanine 2, suite 304, Montréal, Québec H2N 2J4
Tel: 514-744-2944 / Fax: 514-744-5711
Email: info@aimcroitqc.org
Website: www.aimcroitqc.org
Provides an employment skills development program for people who have a physical, sensory or neurological disability. The program is designed to assist them in their search for employment.
Emploi-Québec
Website: www.emploiquebec.gouv.qc.ca
Offers programs and services to people with disabilities. The Contrat d’intégration au travail (CIT) was designed to encourage employers to hire the disabled. In addition to a wage subsidy, your future employer could receive financial assistance to help with adapting your work environment to your specific needs. Some examples of services and expenses that can be eligible are:

- the services of an expert in assessing your needs and assistance to help you find employment
- the cost of adapting a workstation to your requirements
- the cost of Québec sign language interpreting services

Call 1-877-767-8773 or go to the local employment centre (CLE) in your region. The www.emploiquebec.gouv.qc.ca website has a locator you can use to find local employment centres in Québec by postal code or region. If you are encountering difficulties and would like support in order to enter the labour market, contact a specialized manpower service in your region. To obtain the names and addresses of the specialized manpower services in your region, call the Centre d’assistance au placement at 1-866-640-3059 or send an email to centre.assistance.placement@mess.gouv.qc.ca

L’Étape
Montreal branch
1001 De Maisonneuve Blvd. East, Suite 527, Montreal, Quebec H2L 4P9
Tel: 514-526-0887 Fax: 514-527-1028
Email: letape@letape.org
Website: www.letape.org
Integration and employment services for people with physical or sensory impairments.

Laval branch
1435, boul. St-Martin W Bureau 400 Laval, Québec H7S 2C
Tel: 450 667-9999
Email: etape-laval@letape.org
Integration and retention employment service for persons with physical, sensory or intellectual.

Specialisterne
417 Rue Saint-Nicolas, suite 300 Montreal, Quebec H2Y 2P4
Tel: 514-928-3425
Website: www.specialisterne.com
Help employers to access the skills and capabilities of people on the autism spectrum through their recruitment, training, education, and management programs.

Section 6.5
SPECIFICALLY AUTISM SPECTRUM DISORDER (ASD), ASPERGER’S SYNDROME, PERVERSIVE DEVELOPMENT DISORDERS (PDD)

Please consult other parts of Section 6 for other resources
Action Labour Inc. (formerly labour action Montreal)
Action main d’oeuvre Inc.
3320 RosemontBlvd, Montreal, Quebec H1X 1K3 (Head Office)
185 Dorval Avenue, Suite 203, Dorval, Quebec,H9S 5J9 (Service Point West Island)
Tel: 514-721-4941/ Fax: 514-721-0937
Website: www.actionmaindoeuvre.ca
Provides specialized employment assistance services to people with autism or intellectual disabilities and job retention services.

Ready, Willing, and Able
Gold Learning Centre
5331 rue Ferrier, Montréal, Québec H4P 1M1
Tel: 514-345-8330 ext. 123
Website: www.readywillingable.ca
Is an employer support program in which people with ASD or an intellectual disability are hired in the work force.
Creating work opportunities for young adults on the autism spectrum through video and media productions. Their Creative Media Lab – is an internship program and is based on developing employment and creative skills as part of the Spectrum video production team. Positions are offered to students who show particular talent and interest in video and media production and wish to develop their skills. This program runs September to June and targets youth aged 17 and up.

Section 6.6
Sheltered Workshop / Adapted Work Centre

JEM Workshop Inc. (Jewish Employment Montreal Centre Leonard & Carol Berall
8400 Mountain Sights, Montreal, Quebec H4P 2B9
Tel: 514-735-4217 / Fax: 514-735-5015
Email: info@jemworkshop.org
Website: www.ometz.ca or www.jemworkshop.org
Operates an adapted workplace for adults who have an emotional, intellectual, and/or physical disability.

Light a Dream
63b Donegani Ave, Pointe-Claire, Quebec H9R 2V9
Tel: 514-695-3310
Email: lightadream@bellnet.ca
Website: www.lightadream.com
A candle making business intended to promote student’s understanding of various business and economic principles, while enhancing their social, interpersonal, decision making and leadership skills. The program is for young adults with a developmental delay disability.

Placement Potential
111 Donegani Ave., Pointe-Claire, Quebec H9R 2W3
Tel: 514-694-0315 / Fax: 514-694-8640
Email: placementpotentiel@videotron.ca
Website: www.placementpotentiel.com
Adapted work centre specializing in finding employment opportunities for people with mild disabilities.

Pleins Rayons
135 Dean Street, Cowansville, Quebec J2K 3Y2
Tel: 450-531-8293
Email: peinsrayons@outlook.com
Website: www.peinsrayons.ca
The program focusses on teaching bicycle mechanics and all it entails. The program is for young adults between the ages of 15 and 35 years living with an autism spectrum disorder, an intellectual disability, or at risk students at the high school level.
Section 6.7
Vocational Counselling and Support Service

Moelle Epinière et Motricité Québec
6020 Jean-Talon East, Suite 400, Montreal, Quebec H1S 3B1
Tel: 514-341-7272 / Fax: 514-341-8884
Email: info@moelleepiniere.com
Website: www.paraquad.qc.ca
Support people with physical or neurological limitations living on the Island of Montreal in their job search.

S.A.R.C.A. Services
EMSB
10909 Gariepy, Montreal, QC, H1H 4C6
Tel: 514-846-7955
Email: info@emsb-sarca.ca
Website: sacra@emsb.qc.ca
An educational and vocational program for individuals 16 years or older. Advisors/counselors provide information, counseling and support to those who want to obtain their high school diploma or participate in a vocational training study program. Assist clientele with special needs.

s.e.m.o. Horizon-Travail
980 Saint-Antoine Street West, Suite 605, Montreal, Quebec H3C 1A8
Tel: 514-933-1141 Fax: 514-933-9359
Website: www.horizon-travail.org/
Jobs placement services and continued employment for persons who are visually impaired or living with a mental illness.

Section 6.8
Adult Education and Vocation

School Boards – all school boards listed below have a continuing adult education program which leads to a secondary school leaving diploma.

Eastern Townships School Board
340 rue Saint-Jean-Bosco Magog, Quebec J1X 1K9
Tel.: 819- 868-3100
Website: www.etsb.qc.ca
The school board has two trade centres that offer a variety of different programs.

EMSB Adult Education
The EMSB offers a range of Social Integration Service Programs (SIS) and Social Integration Vocational Services (SVIS) to people 21 years old and older with special needs. The goal of the program is to acquire the necessary skills to be able to integrate and participate in society. Below is a list of Adult Education Centres.

In St. Michel:
John F. Kennedy Adult Education Centre
3030 Villeray Street
514-374-2888
www.jfkac.ca
jfkadult@emsb.qc.ca

In Montreal North:
Galileo Adult Education Centre
10921 Gariepy Street
514-721-0120
www.gaec.ca
galileoadult@emsb.qc.ca
In Cote St. Luc:
Wagar Adult Centre (formerly Marymount Adult Education Centre)
5785 Parkhaven Avenue
514-488-8203
www.emsb.qc.ca/wagar
wagar@emsb.qc.ca

EMSB also has 4 vocational centres.

Pius Centre
9955 Papineau Avenue, Montreal, Quebec H2B 1Z9
Tel: (514) 381-5440
Email: piuscentre@emsb.qc.ca
Website: www.piuscentre.com
St. Pius X has an extensive culinary program

Laurier Macdonald Career Centre
5025, Jean-Talon E, Saint-Léonard, Quebec H1S 3C2
Tel: 514-374-4278
Email: imacadult@emsb.qc.ca
Website: www.imaccareercentre.co
The centre has programs in the area of beauty and automotive.

Rosemount Technology Centre
3737 Beaubien East, Montreal, Quebec H1X 1H2
Tel: 514-376-4725
Email: rtc@emsb.qc.ca
Website: www.rosemount-technology.qc.ca
The centre has 9 different programs.

Shadd Health and Business Centre
1000 Old Orchard Ave. Montreal (Quebec) H4A 3A4
Tel: 514-484-0485
Email: shadd@emsb.qc.ca
The centre has programs in the area of health and business.
Website: www.shadd.com

LESTER B PEARSON SCHOOL BOARD
1925 Brookdale Ave, Dorval, Quebec H9P-2Y7
Tel: 514-422-3000
Website: http://www.lbpce.ca/adult-education

PROGRAM #1
THE Special Needs Program is designed to help an adult with a developmental disability acquire the necessary skills to integrate and participate in society to their fullest potential. Through their partnership with the Douglas Hospital and the Action LaSalle Centre, students can participate in language, basic math, computer, and life skills classes.

Program #2

Endeavour is a social integration-based special education program for adult learners with intellectual disabilities or autism spectrum disorder run through Place Cartier Adult Education Centre, and also in partnership with the West Montreal Readaptation Centre and the West Island Association for the Intellectually Handicapped.

The school board also has 8 career programs and 8 career centers.

Place Cartier Adult Education Centre
257 Beaconsfield Blvd, Beaconsfield, Quebec H9W 4A5
Tel: 514-694-8500
Website: http://www.lbpcce.ca/Our-Centres/Place-Cartier
New Frontiers School Board  
214 McLeod Châteauguay, Quebec J6J 2H4  
Tel: 450-691-1440  
Website: nfsb.me  
The board has three centres offering 16 programs.

Riverside School Board  
Access – Adult Centre  
163 Avenue Cleghorn, Saint-Lambert, Quebec J4R 2J4  
Tel: 450 676-1843  
Website: www.access.rsb.qc.ca  
They offer a variety of different programs.

Sir Wilfrid Laurier School Board  
235, Montée Lesage Rosemère, Québec J7A 4Y6  
Tel: 450 621-5600 Fax: 450 621-7929  
Website: www.bilingualtraining.ca  
This school board has six adult CDC (Competency Development Centre) centres and are under CDC Laurier They offer many programs.

CDC St-Eustache  
670, Industrial Boulevard St-Eustache, Quebec J7R 5V3  
Tel: 450-680-3032  
Email: infopontviau@swlauriersb.qc.ca

CDC Pont-Viau  
60, Lahaie Street, Laval, Quebec H7G 3A8  
Tel: 450-680-3032, Fax: 450-662-0870  
Email: infopontviau@swlauriersb.qc.ca

CDC Lachute  
171 Rue Mary, Lachute, Quebec J8H 2C1  
Tel: 450-562-3721

CDC Repentigny  
454, St-Paul Street, Le Gardeur, Quebec J5Z 4C7  
Tel: 450.688.2933 ext. 4117  
Email: infopontviau@swlauriersb.qc.ca
SECTION 7
MEDICAL CLINICS

Douglas Mental Health University Institute
6875 LaSalle Blvd, Verdun, Quebec H4H 1R3
Website: www.douglas.qc.ca

ADD/ADHD Program
Tel: 514-761-6131, # 2113
Diagnosis, psychoeducation around medication and behavioural treatments, psychopharmacology, social
skills training. Referrals necessary.

Autism Spectrum Disorders Program (See Section 2: Specifically ASD, Asperger’s Syndrome, PDD)

Eating Disorder Clinic
Tel: 514-761-6131 #22895
Referrals necessary.

Mood Disorders
Tel: 514-761-6131, #3301
Contact: Dr. Johanne Renaud
Referrals necessary.

Jewish General Hospital Child Psychiatry Department
3755 Côte-Sainte-Catherine Road, Montreal, Quebec H3T 1E2
Pavillion A , 4th Floor
Tel: 514-340-8222, ext. 5629
Website: www.jgh.ca/en/ChildPsychiatry
Children aged 3-12 are assessed and treated with their families for a broad range of child problems, including Pervasive Developmental Disorders, conduct problems, attention deficit disorder, depression, suicide risk, psychotic disorders, and anxiety disorders. Waiting list from 6-12 months.

Day/Evening Hospital
Multimodal treatment program for children aged 3-12 who, due to serious psychological, cognitive, behavioural and family problems are unable to function in their communities and are admitted to the program. Comprehensive treatment includes medication, individual and family therapy, social skills training, educational services, neuropsychological assessment, art therapy, occupational therapy.

Outpatient Services
Psychiatric, psychological and psychosocial evaluations to children and their families. Where possible, referrals are made back to the community.

Laval Centre of Neuropsychology and Child and Family Psychology
(See Section 3.3: Psychological Services)

Medipsy Psychological Services & the Medipsy ADHD Clinic (SEE SECTION 3.1: COUNSELLING / EVALUATION / THERAPY)
Montreal Children’s Hospital
2300 Tupper, Montreal, Quebec H3H 1P3
Tel: 514-412-4400
Website: www.hopitalpourenfants.com/en/

**Attention Deficit Hyperactivity Disorder (ADHD) Program**
Tel: 514-412-4244
Contact: Jody Patterson
Brings together the Division of General Pediatrics, the Child Development Program, Neurology, Psychiatry, Psychology and Nursing for the assessment of ADHD patients. Aims to provide a central intake for ADHD patients and direct them toward the most appropriate care while combining expertise across disciplines.

**The Pediatric Clinic of the ADHD Program**
A multidisciplinary team comprised of pediatricians, psychologists and specialized nurses assesses school-aged children for complex treatment-resistant ADHD. A treatment protocol is established and child returns to regular physician for follow-up care.

**Psychiatry ADHD Clinic**
4018 Ste Catherine Street West, Montreal, Quebec
Tel: 514-412-4449
Contact: Dr. Lily Hechtman

**Autism Spectrum Disorders Program (See Section 2: Specifically ASD, Asperger’s Syndrome, PDD)**

**Autism Spectrum Disorders Psychopharmacology Program (See Section 2: Specifically ASD, Asperger’s Syndrome, PDD)**

**Developmental and Behavioral Pediatric Services**
Tel: 514-412-4398
Includes Physiotherapy, Occupational Therapy, Speech and Language Pathology, Audiology, Psychology, Feeding Program, and the Child Development Program under one administrative umbrella. DBPS provides integrated diagnostic and short-term treatment services for children and adolescents from birth to 18 years of age with developmental, behavioral, and adaptive/readaptive problems. Referrals from community pediatricians/physicians for children with developmental delays are coordinated through the central intake office. A form is available and can be faxed or mailed.

**Audiology:** Tel: 514-412-4454

**Child Development Program**

**Developmental Progress Clinic:** Tel: 514-412-4314
A multidisciplinary team assesses pre-school-aged children referred for suspected global developmental delays.

**Developmental-Behavioural Assessment and Continuity Clinic (D-BACC):**
Tel: 514-412-4314
Consultation for children with the following specific issues: questions about gender identity/role or gender variance, elimination disorders (enuresis/encopresis, toileting issues) and parasomnias or dyssomnias.

**Learning Progress Clinic:** Tel: 514-412-4314
Evaluation and consultation for children aged seven to 11 years who are having difficulty in school, and who have not been assessed within the school system.

**Feeding Program:** Tel: 514-412-4400, # 22334
**Occupational Therapy:** 514-412-4426
**Psychology:** 514-412-4400 # 23295
**Speech and Language Pathology:** 514-412-4491
Eating Disorders Clinic
Tel: 514-412-4481
Provides assessment and treatment for pre-adolescents and adolescents with anorexia or bulimia by offering a multidisciplinary approach including individual and family therapy as well as clinical nutrition. Telehealth services are available on demand.

Montreal Children’s Hospital Program
Tel: 514-412-4400 ext. 23128 / Fax: 514-412-4319
E-mail: mtchchildhosp@emsb.qc.ca
EMSB program held at the Montreal Children’s Hospital to teach children who are in the medical wards; also, psychiatric assessment for children (ages 4-12) and adolescents (ages 13-20).

Neurology
Tel: 514-412-4446 / Fax: 514-412-4373
For challenging and complex neurological conditions. The Division is undergoing a restructuring in its clinical services that will see a re-orientation towards a programmatic model of service delivery. A screening process for consultations has been implemented and only referrals deemed appropriate subsequent to screening and fulfilling the above mandate will be seen. Present resources are not sufficient to see all referrals and in order to permit the timely and expeditious evaluation and follow-up of children requiring neurological intervention the following categories of referrals will not be seen: 1) patients with routine headache who have not received a course of migraine prophylaxis; 2) behavioural disorders (i.e. oppositional defiance disorder, conduct disorder, episodic dyscontrol syndrome); 3) school related problems (i.e. ADHD, learning disabilities); 4) tics or Tourette's Syndrome not requiring medication intervention; 5) Autistic Spectrum Disorders; and 6) febrile seizures, both typical and atypical.

Psychiatry
Tel: 514-412-4449
Provides a variety of services, from inpatient to outpatient clinics, for children and adolescents up to the age of 18 who suffer from a broad range of emotional or behavioral problems, including family and/or school-related.

Spina Bifida Service
Tel: 514-412-4400, ext. 22543 / Fax: 514-412-4477
Contact: Dr. Patricia Forbes
Care of children with Spina Bifida coordinated by a pediatrician and nurse. Multidisciplinary clinic held twice monthly.

Hôpital Rivière-des-Prairies
Clinique des Troubles de l'attention
7070 Perras Boulevard, Montreal, Quebec H1E 1A4
Tel: 514-323-7260, ext. 2475
Website: www.hdrp.qc.ca
Contact: Dr. Philippe Lageix, Christiane Gravel, Elyse Beaucage
Ages 4-17. Diagnosis, treatment (pharmacological and social training, follow-up, stimulation.

Royal Victoria Hospital Speech and Hearing Department of the MUCH
687 Pine Avenue West, suite E.4.02, Montreal, Quebec H3A 1A1
Tel: 514-934-1934 #34149
Contact: Dr. Jill Harrison
Website: www.muhc.ca
Assessment of and intervention for speech and hearing disorders, evaluations for hearing aids, speech and Dysphagia, etc. Patients should be referred by a RVH affiliated Otolaryngologist.
Sainte-Justine Hospital

Psychiatric Department
3175 Côte-Sainte-Catherine, Montreal, Quebec H3T 1C5
Tel: 514-345-4695 / Fax: 514-345-4635
Contact: Dr. Patricia Garel
Website: www.chu-sainte-justine.org
Program providing wide range of psychiatric services to children, adolescents, and their families. From 5-18.

THE REHABILITATION CENTRE MARIE-ENFANT OF THE UHC SAINTE-JUSTINE (SEE SECTION 8: REHABILITATION, ADAPTATION, SOCIAL INTEGRATION)

Shriners Hospital for Children
1529 Cedar Ave. Montreal, Quebec H3G 1A6
Tel: 514-842-4464, Toll-free: 1-800-361-7256
Fax: 514-842-7553
Website: www.shrinershq.org
Children up to 18 are eligible, by referral. Pediatric orthopaedic care and neuro-musculoskeletal conditions, ie. Osteogenesis Imperfecta (brittle bone disease), Scoliosis, Cerebral Palsy (CP), Spina Bifida, club feet and limb length discrepancy.
SECTION 8
REHABILITATION / ADAPTATION / SOCIAL INTEGRATION

AVATIL Center for Development / Centre de développement
387, 40th Avenue, Lachine, Quebec H8T 2E7
Tel: 514-634-8944 / Fax: 514-634-2033
Email: avatil@aei.ca
Website: www.avatil.org
Encourages personal and social development through programs, provides emotional support and job assistance, and fosters community acceptance. For adolescents and adults with mild or borderline intellectual disabilities. Includes training for independent living, community support and social/discussion groups.

Centre Rehabilitation Marie-Enfant of the UHC Sainte-Justine
5200 Bélanger Street East, Montreal, Quebec H1T 1C9
Tel: 514-374-1710, # 8230
Website: www.crme-sainte-justine.org/defaultEn.aspx
Rehabilitation: 55 beds Long-term care: 20 beds
Provides newborns, children and teenagers who have motor or speech disabilities with highly specialized services in the areas of rehabilitation-accommodation, integration and social participation. Develops personalized intervention programs, tailored to the needs of each child or teenager, including those of the family. Respite services.

Complete Rehabilitation Services
Service de réadaptation L’intégrale
75 rue de Port-Royal East, Suite 110, Montreal, Quebec H3L 3T1
Tel: 514-387-1234 / Fax: 514-387-5013
Website: www.integrale.org/accueil.htm
Provides rehabilitation, adaptive and social integration services for the intellectually handicapped and for those with Pervasive Developmental Disorders. Counselling for parents and family members.

Gabrielle Major Rehabilitation Centre
Centre de Réadaptation Gabrielle Major
6455 Jean-Talon East, 6th Floor, St. Leonard, Quebec H1S 3E8
Tel: 514-259-2245 / Fax: 514-259-5906
Website: www.crgm.qc.ca
Centre provides services for rehabilitation and social reintegration for individuals with intellectual disabilities or Pervasive Developmental Disorders. Also, support services for families.

Lisette-Dupras Rehabilitation Centre
Centre de Réadaptation Lisette-Dupras
8000 Notre Dame West, Lachine, Quebec H8R 1H2
Tel: 514-364-2280, #2152
Contact: Martin Carriere
Website: www.lisette-dupras.ca
Centre providing support services, residential programs.

The MAB-MacKay Rehabilitation Centre
A rehabilitation centre that has merged the former Montreal Association for the Blind with the former MacKay Rehabilitation Centre. Located at two sites—MAB site provides visual rehabilitation programs and services to blind and visually impaired individuals of all age groups; also operates a long-term care centre and a residence for blind and visually impaired seniors; includes the on-site Philip E. Layton School for the Blind. Mackay site provides rehabilitation for children with motor, speech, and language impairments; also, programs for deaf and hard-of-hearing for all age groups.
MAB Site
7000 Sherbrooke West, Montreal, Quebec H4B 1R3
Tel: 514-489-8201 / Fax: 514-489-3477
Email: mabinfo@ssss.gouv.qc.ca
Website: www.mabmackay.ca

Mackay Site
3500 Decarie Blvd, Montreal, Quebec H4A 3J5
Tel: 514-482-0500 / Fax: 514-482-4536
TTY: 514-482-0487
Email: mabinfo@ssss.gouv.qc.ca
Website: www.mabmackay.ca

March of Dimes Canada
10 Overlea Blvd., Toronto, ON, M6G 3L9
Tel: 1-800-263-3463 or (416) 425-3463
Fax: (416) 425-1920
Email: info@marchofdimes.ca
Website: www.marchofdimes.ca
A national not-for-profit organization that provides community-based services to children and adults with physical disabilities in Ontario, and across Canada. Services provided cover a broad range of needs, all with the common objective of increasing community participation and empowerment, including Employment and Recreation programs, Independent Living Services, Vocational Rehabilitation, Peer Support programs to stroke and polio survivors, and much more.

Nazareth et Louis-Braille Institute (INLB)
1111, rue St-Charles Ouest, Longueuil, Quebec J4K 5G4
Tel: 450-463-1710 or 1-800-361-7063 / Fax: 450-463-0243
Email: info@inlb.qc.ca
Website: www.inlb.qc.ca
Evaluation of global needs, development, integration for everything from home, school, daily activities, from infancy to adolescents and on.

Projet P.A.L.
861 Rue de l'Èglise, Verdun, Quebec, H4G 2N3
Tel: 514-767-4701 / Fax: 514-767-5304
Email: info@projetpal.com
Website: www.projetpal.com
A bilingual non-profit alternative resource for people over 18 years old living with mental health challenges. Offer drop-in centre, community meals, recreational activities, defensive rights, help with housing.

Raymond-Dewar Institute
3600 Berri, Montreal, Quebec H2L 4G9
Voice Tel 514-284-2581 or 514-284-2214, ATS: 514-284-3747
Fax: 514-284-5086
Email: ird@raymond-dewar.gouv.qc.ca
Website: www.raymond-dewar.qc.ca
Part of Health and Social Services Quebec, specialized rehabilitation in hearing loss and communication. All ages.

**WIAIH (SEE SECTION 3.1: COUNSELLING / EVALUATION / THERAPY)**

West Montreal Readaptation Centre
8000 Notre Dame West, Lachine, Quebec H8R 1H2
Tel: 514-363-3025, #2257
Web site: www.westmontrealrc.ca
Offers adaptation, rehabilitation and social integration services to persons with intellectual disabilities and support services for their families and friends.
SECTION 9
RESOURCES FOR PARENTS, CAREGIVERS AND TEACHERS

INCLUDED IN THIS SECTION: INFORMATION, EDUCATION, SUPPORT RESOURCES, NON-PROFIT ORGANIZATIONS, GOVERNMENT OFFICES

Note from the Office des personnes handicapées du Quebec website: www.ophg.gouv.qc.ca
The presence of a disabled child or adult within a family makes for additional responsibilities, which can cause considerable stress and even lead to burnout. If you are in such a situation, contact your CSSS (CLSC). If the disabled person you are caring for receives services from a rehabilitation centre, people there may be able to help you as well.

In the event of an emergency, call the Info-Santé service of the CSSS (CLSC) or dial 911.

Autisme et troubles envahissants du développement Montréal offers accompaniment and support to families in crisis.
Tel: 514-524-6114
Email: atedm@autisme-montreal.com

Abe Gold Learning & Research Centre
160 chemin Royden Ville de Mont-Royal, Quebec H4P 2T2
Tel: 514-345-8330 ext. 319 / Fax: 514-345-1619
Email: info@goldlearningcentre.com
Website: www.goldlearningcentre.com
A private, not-for-profit organization with a mission to develop training, research & diagnosis and evaluation programs to support people with ASD and other developmental disabilities. The Centre offers conferences, workshops and training to professionals and parents. Approximately 1,200 participants receive training from the Centre each year, and in 2010, the conference was accredited by McGill University’s Faculty of Medicine for its continuing education program. Its team collaborates with professionals, parents and other community agencies to assess and address current gaps in education and training, service delivery and support.

Active Living Alliance for Canadians with a Disability
720 Belfast Road, Suite 104, Ottawa, Ontario K1G 0Z5
Tel: 1-800-771-0663 or (613) 244-0052 / TTY: 1-888-771-0663 or (613) 244-0008
Fax: 613-244-4857
Email: qc@ala.ca
A database of information regarding ways to have a healthy and active life with a disability.

Agence Ometz (See Section 3.1: Counselling / Evaluation / Therapy)
School Services Program which provides hundreds of schools with support, including counsellors and social workers; supervision of guidance counsellors and teachers in the schools; Group Services Program for classrooms, schools, groups of families and parents which focus on skill building, life skills development, teen sexuality, substance abuse prevention, social skills development; Counselling for children, individuals and families, including a family play program; Parlour Meeting Program which gives parents the opportunity to network with other parents and a qualified facilitator; crisis intervention: intake for Jewish families; specialized program for those with chronic mental health illness and their families; social service support for members of the Jewish community.

American Foundation for the Blind
AFB Headquarters 11 Penn Plaza, Suite 300, New York, NY 10001
Phone: 212-502-7600 or 1-800-AFB-LINE (232-5463)
Email: afbinfo@afb.net
Website: www.afb.org
Advocacy, education, research, available technology and much more.
Ami du déficient mental inc.
4960, 7th Avenue Montreal, Quebec H1Y 2M9
Tel: 514 527-7671
Email: ldjadmi@hotmail.com

Apraxia-Kids: The Childhood Apraxia of Speech Association of North America (CASANA)
Website: www.apraxia-kids.org
Non-profit organization representing the needs and interests of children and families affected by Apraxia.

ASPERGER SYNDROME SUPPORT GROUP (SEE SECTION 2: SPECIFICALLY ASD, ASPERGER’S SYNDROME, PDD)

Association de la Rive-Sud Pour La Déficience Intellectuelle
80 BéFOurnay, Saint-Lambert, QC
Tel: 514-735-3669 #3701
Bilingual with majority French, welcomes people with Autism, intellectual disabilities, multi-handicapped.

Association de Montreal Pour La Deficience Intellectuelle (AMDI)
633, Cremazie Blvd. East, #100, Montreal, QC H2M 1L9
Tel: 514-381-2307
Email: info@amdi.info
Website: www.amdi.info
Welcomes people with intellectual disabilities. French and English.

Association de parents de l’enfance en difficulté de la Rive-Sud Montréal (APEDRSM)
(Services in French, South Shore of Montreal)
Tel: 450-679-9310, ext. 235
For parents and caregivers interested in helping children and adolescents with family difficulties, hyperactive, intellectual and physical problems.

Association du Québec pour Enfants avec Problèmes Auditifs
3700 Berri Street, Montreal, Quebec H2I 4G9
Tel: 514-842-3926
Website: www.surdite.org

Association Dysphasie +
384A, Curé-Labelle Blvd, Laval, Quebec H7V 2S3
Tel: 450-687-7639
Email: info@dysphasieplus.com
Website: www.dysphasieplus.com

Association québécoise des personnes de petite taille (AQPPT)
2177 Masson, Room 205, Montreal, Quebec H2H 1B1
Tel: 514-521-9671 / Fax: 514-521-3369
Email: info@aqppt.org / Website: www.aqppt.org

Association québécoise du syndrome de Rett
6525 Côte Saint-Luc Road, app. 602, Montreal, Quebec H4V 1G5
Tel: 514-486-1311
Email: sandrachism@hotmail.com

Association québécoise du syndrome Gilles de la Tourette (AQST)
7070 Perras Blvd., Montréal Québec H1E 1A4
Tel: 514-328-3910
Email : info@aqst.com
Website: www.aqst.com
Batshaw Youth and Family Centres
Les Centres de la jeunesse et de la famille Batshaw
Head office: 5 Weredale Park, Westmount, Quebec H3Z 1Y5
Tel: 514-989-1885
Website: www.batshaw.qc.ca
Department of Youth Protection – Reception of Reports (Signalements) and Social Emergencies
514-935-6196

Big Blue Hug Autism Awareness Project – Drawing on Inspiration
Offers Picture Talking Workshops and training sessions. See Section 2.

Bronfman Education Centre (BJEC)
1 Cummings Square, Montreal, Quebec H3W 1M6
Tel: 514-345-2645, #3076 / Fax: 514-735-2175
Email: fiona.nanson@bjec.org
Website: www.bjec.org
Contact: Fiona Nanson
Special education consulting for the Jewish community. Placement for special needs students in Jewish school system or others. Presentations on special needs, including inclusion, Autism, reading, behaviour management, parenting.

Butters Foundation
Tel: 450-263-4123 / Fax: 450-263-3489
Email: info@buttersfoundation.ca
Website: www.buttersfoundation.ca
Promotes the integration of intellectually disabled and autistic persons from the eastern part of La Monteregie into their local communities. Mandates include financial support and services, scholarships and bursaries to promote careers in Helping or Rehabilitative Professions.

Canadian National Institute for the Blind (CNIB-INCA)
3044 Rue Delisle, Montreal, Quebec H4C 1M9
Tel: 514-934-4622 or 1-800-465-4622
Fax: 514-934-2131
Email: quebec@cnib.ca
Website: www.cnib.ca/en/quebec/
Programs, services, resources for visually impaired persons of all ages. Library, games, adapted equipment.

CanChild
CanChild Centre for Childhood Disability Research is a research and educational centre located at McMaster University in Hamilton, Ontario, Canada. Focused on improving the lives of children and youth with disabilities and their families. Their newsletter will keep you up to date with their research and resources.
www.canchild.ca

Carrefour Papillon
On-line database with over a thousand entries provided by Quebec Society for Disabled Children.
Tel: 514-937-6171, ext. 222
Contact: Linda Gaucher
Website: www.enfantshandicapes.com/html/english/carrefour_papillon/index.php
Provides information on the major resources available across Quebec pertaining to physical, intellectual and visual disabilities, and also concerning orthopaedic equipment, specialized camps and schools, day camps, employment, respite residences, respite babysitting, lodging, recreation, transportation, clothing and other areas. Database can be consulted through on-line form provided at web site or by phone.
You must submit any complaints in writing, clearly explaining the reasons for your dissatisfaction and specifying the names of the people you contacted. Keep a copy of the letters and documents you send. Can help you express your complaint and provide other assistance.

Centre d’expertise de Montréal en troubles graves du comportement pour les personnes ayant un DI ou un TED (CEM-TGC)
http://www.cemtgc.org
Their mission centres around the development of expertise in severe behaviour disorders presented by persons with intellectual disabilities or Pervasive Developmental Disorders. Conferences and training. Bilingual site.

CENTRE FOR ATTENTION DISORDERS (SEE SECTION 3.1: COUNSELLING / EVALUATION / THERAPY)

Centre d’information et de ressources en maladies rares – Regroupement québécois des maladies orphelines (RQMO) / Rare Disease Information and Resource Centre – Quebec Coalition of Orphan Diseases (QCOD)
479, boul. St-Joseph est, Montreal, Quebec H2J 1J8
Tel : 514-451-7482 (Montreal) / 819-543-0550 (Sherbrooke) / 1-855-543-0550 (toll-free)
Email : info@rqmo.org
Website : www.rqmo.org
Free service for people affected by rare diseases, their family, friends and health professionals. Offers up-to-date, trustworthy information about rare diseases, patient organizations, experts or specialized clinics, research projects, clinical trials, community resources and can also help you find other people with the same disease.

Centre François-Michelle
10095 Meunier, Montreal, Quebec H3L 2Z1
Contact: Danielle Sormany
Tel: 514-381-4418
Email: dsormany@francois-michelle.qc.ca
Website: www.francois-michelle.qc.ca
An extensive resource list “Repertoire des resources en deficience intellectuelle”, re: respite care, support.

Centre of Excellence for Physically, Intellectually and Multi-Challenged
Princess Elizabeth Elementary School, 120 Bellevue Street, Room 117, Magog, Quebec J1X 3H2
Tel: 819-868-0512
Email: buttersl@etsb.qc.ca
A provincial service offering support and expertise to the English sector for the organization of programs and adapted teaching to students with special learning needs in an inclusive setting. Funded and mandated by MEQ, the IES is managed through the boards, specifically through the Inclusive Education Management Committee (IEMC).
Cerebral Palsy Association of Quebec (QCPA)
Association de paralysie cérébrale du Québec (QCPA)
170 Saint Antoine Street North, Granby, Quebec J2G 8W7
Tel: 1-450-777-2907 / 1-800-311-3770
Contact: Denise Arès
Email: d.ares@paralysiecerebrale.com
Website: www.paralysiecerebrale.com
Information and referral, specialized equipment loans. Summer camp financial aid.

Commission des droits de la personne et des droits de la jeunesse
360 Saint-Jacques, 2nd floor, Montreal, Quebec H2Y 1P5
Tel: 514-873-5146 / 1-800-361-6477
Email: communications@cdpdj.qc.ca
Website: http://www2.cdpdj.qc.ca/en/pages/default/aspx
The mission: to see that human rights are promoted and respected in Quebec.

EDUCATE Montreal
514-294-8453
Contact: Gamoon Lau
E-mail: gamoon.lau@gmail.com
Website: http://www.educatemontreal.com/blog.html
A blog aimed to build a shared community by connecting the voices of special needs children, their families and their special education providers through story. The blog also addresses the educational issues special needs students and their parents face.

Épilepsie Montréal Métropolitain (EMMF)
3800, Radisson, Montréal, Québec H1M 1X6
Tel: 514-252-0859
Email: epimtl@cam.org
Website: www.epilepsiemontreal.ca
A non-profit organization aimed to promote and improve the lives of people living with Epilepsy.

Famille et Aînés Québec
425, rue Saint-Amable, RC, Québec, Québec G1R 4Z1
Tel: 1-418-643-4721 or 1-888 643-4721
Website: www.mfa.gouv.qc.ca
Documents regarding ‘Integration into daycare of a child with a disability’ and ‘Exceptional assistance measure for the integration in childcare services of disabled children with major needs (FO-0609-G)’. Go to ‘formulaires et publications’ on the home page, then choose ‘English publications’.

Hope Corporation for the Intellectually Disabled (See Section 4.8: Other Recreational Therapies and Activities)
Corporation l'Espoir du Déficient
lacompagnateur.org
Email: Kathleen@lacompagnateur.org
Website: www.lacompagnateur.org
A website to help parents of disabled children. Lists of respite care across the province, activities.

Influential Awareness Workshops
Erika Tencer, Recreational Specialist
Email: etencer2@symaptico.ca
Website: influentialawareness.yolasite.com
Workshops aimed to sensitize students to children with special needs while breaking down barriers, including fears and misconceptions. Geared to Grade 3-4 classes, but adapted to people of all ages.
**Kids Move & Learn**

A course comprised of four classes covering a unique approach created to enhance the healthy and complete development of children. Created by Mat Boulé, Osteopath, Educator and Posturologist. Topics cover: enhancement of movement and learning strategies, nutrition, conditioning and values of sports involvement, yoga, massage and more.

Tel: (514) 620-3535
Contact: Mat Boulé, Osteopath, Posturologist, Educator
Email: info@kidsmoveandlearn.com
Website: www.kidsmoveandlearn.com

**LEARN Quebec**

2030 Dagenais Blvd. West, 2nd floor, Laval, Quebec H7L 5W2
Tel: 450-622-2212 / 1-866-622-2212
Fax: 450-622-1460
Website: www.learnquebec.ca

An educational foundation offering e-learning services and support to all English school boards, private schools, community organizations and the private sector in rural and urban settings; publishes quality learning materials to support educators who are implementing competency-based practices in the classroom.

**Learning Disability Association of Quebec (LDAQ)**
**Association québécoise des troubles apprentissage (AQETA)**

Street address: 284 Notre Dame West, Suite 300, Montreal, Quebec H2Y 1T7
Mailing address: P.O. Box 1678, Station Place d’Armes, Montreal, Quebec H2Y 3L2
Tel: 514-847-1324, ext. 28
Tel (Montreal Chapter): 514-488-8989 / Fax: 514-281-5187
Contact: Linda Aber (Montreal Chapter)
Email: info@aqeta.qc.ca
Montreal chapter email: montrealchapter@aqeta.qc.ca
Website: www.aqeta.qc.ca

Services include assistance for families, information and active listening, lectures & annual conference, and representation of members.

**Learning Disabilities Resource Community**

Website: www.ldrc.ca

A virtual information community open to anyone affected by learning disabilities, either an individual, a parent, teacher, researcher or a concerned community member. A place to gain knowledge, discover new teaching and educational tools, share information and experiences.

**Le Poul de Superman**

4405 De Brebeuf, Montreal, Quebec H2G 3K8
Tel: 514-529-4250

A workshop for parents, caregivers and teachers to gain tools to deal with all types of children including hyperactive and difficult.

**Luca Patuelli**

Tel: 514-894-9653
Email: bboy_lazylegz@hotmail.com
Website: www.lazylegz.com

Creator of ILL-Abilities, a crew of breakdancers who perform around the world to help spread the message “No Excuses, No Limits”. Dance shows, motivational speaker.

**Metropolitan Montreal Deaf Community Centre (MMDCC)**

200 Cremazie Blvd. East, Montreal, Quebec H2P 1E3
Tel: 514-279-7609 / Fax: 514-279-5373
Email: ccsmm@videotron.ca
Website: www.ccsmm.net
McGill University PoP Lab
2001 Avenue McGill College Suite 800
Montreal, QC, H3A 1G1
Tel: 514-398-6895
Email: poplab.scsd@mcgill.ca
Lab Director: Dr. Aparna Nadig
Website: poplab.mcgill.ca
Studying language and cognitive development in children with autism spectrum disorders to better understand individual differences and to identify ways to facilitate learning.

Miriam Foundation (See Section 3.1: Counselling / Evaluation / Therapy)
8160 Royden Road, Town of Mount Royal, Quebec H4P 2T2
Tel: 514-345-1300 / Fax: 514-345-6904
Email: info@miriamfoundation.ca
Website: www.miriamfoundation.ca
A foundation that supports children and adults who have autism or intellectual disabilities. Provides rehabilitative, vocational, and residential services, including community homes, e.g., Miriam Home & Services and the Lori Black Community Centre.

Montreal Association for the Intellectually Handicapped (AMDI)
Association de Montréal pour la déficience intellectuelle (AMDI)
633 Boulevard Crémazie East, Suite 100, Montreal, Quebec H2M 1L9
Tel: 514-381-2307 / Fax: 514-381-0454
Contact: Frédéric Boisrond
Email: info@amdi.info
Website: www.amdi.info
Leisure and respite services, family support and promotion of community awareness.

Montreal Recreational Centre for the Deaf
Centre de loisirs des sourds de Montréal
8146 Drolet, Montreal, Quebec H2P 2H5
Tel/TTY: 514-383-0012 / Fax: 514-385-6795
Contact: Roland Bolduc
Email: clsm@cam.org
Website: www.surdite.org
Provides deaf individuals with an opportunity to participate in activities adapted to their needs and for members to receive mutual support, along with various other services.

Multi-Ethnic Association for the Integration of Persons with Disabilities (MEAIPD)
Association multi-ethnique pour l'intégration des personnes handicapées [MEIPH])
6462 St-Laurent Blvd, Montreal, Quebec H2S 3C4
Tel: 514-272-0680 / Fax: 514-272-8530
Email: ameiph@ameiph.com
Website: www.ameiph.com
Provides individual and collective services regarding community participation, vocational and language services, social activities and advocacy. Focuses on specific needs of immigrants and persons from different cultural backgrounds.

Muscular Dystrophy Canada—Quebec Regional Office
Dystrophie musculaire Canada—Bureau régional du Québec
1425 René-Lévesque West, Suite 506, Montreal, Quebec H3G 1T7
Tel: 514-393-3522 / Fax: 514-393-8113
Email: infoquebec@muscle.ca
Website: www.muscle.ca
Offers services to individuals with Muscular Dystrophy. Promotes public awareness.
Download Guide to family support needs in English and French. Extensive resource list. Information regarding respite care, adapted equipment, transportation, etc. Can also help you take steps to have a service program prepared, regardless of your child’s impairment.

Our Special Kids
34218 Cass Court, Farmington, MI 48335, USA
Tel: 1-248-478-1130
Email: debbie@ourspecialkids.com
Website: www.ourspecialkids.blogspot.com
Features book reviews, profiles of people working in the special needs community and articles, information about special clothing, etc.

P.A.N.D.A.
Parents Able to Negotiate Attention Deficit Disorder
Parents aptes à négocier le Déficit d’Attention
2 Chemin du Ravin, Ste-Thérèse, Quebec J7E 2T2
Tel: 1-450-979-7788 / Toll Free: 1-877-979-7788 / Fax: 1-450-979-5533
Contact: Jo-Anne Ladouceur
Email: info@associationpanda.qc.ca
Website: www.associationpanda.qc.ca
Helping parents cope with problems related to their children who have ADD.

Projet intégration sociale des enfants handicapés en milieu scolaire – ISEHMS
150 Grant Street #304, Longueuil, QC J4H 3H6
Tel: 450-646-2716 / Fax: 450-646-2714
Email: info@isehms.qc.ca
Website: www.isehms.qc.ca

Public Curator’s Office
454, place Jacques-Cartier, Bureau 200, Montreal, Quebec H2Y 3B3
Tel: 514-873-3002 / 1-866-292-6288
Website: www.curateur.gouv.qc.ca
For parents who want information on legal guardianship of adult children with a disability.

Quebec Association for Assistance to Persons Suffering from Anorexia Nervosa and Bulimia (ANEB)
Association québécoise d’Aide Aux Personnes Souffrant d’Anoréxie Nerveuse et de Boulimie (ANEB)
ANEQ Quebec
114 Donegani Avenue, Pointe Claire, Quebec H9R 2V4
Tel: 514-630-0907
Email: info@anebquebec.com
Website: www.anebquebec.com
Offers support to people with eating disorders.
Quebec Association for Parents of Visually Handicapped Children (AQPEHV)
Association québécoise des parents d’enfants handicapés visuels (AQPEHV)
10 Churchill Blvd, Suite 203, Greenfield Park, Quebec G4V 2L7
Tel: 450-465-7225 / Fax: 450-465-5129
Contact: Roland Savard
Email: info@aqpehv.qc.ca
Website: www.aqpehv.qc.ca
Provides services to parents of visually handicapped children. Advocates parents' rights and interests. An association of parents committed to supporting their children with visual impairments from diagnosis of their child through to adulthood.

Quebec Association of Postsecondary Students with Disabilities (QAPSD)
Association québécoise des étudiantes ayant des incapacités au postsecondaire (AQEIPS)
425, Sherbrooke Street East, Room 06, Montreal, Quebec H2L 1J9
Tel: 514-499-9451 or 1-866-959-9451 / Fax: 514-499-9592
Contact: Marie-Eve Veilleux
Website: www.aqeips.qc.ca
Promotes advocacy, rights and interests of postsecondary students with disabilities, with a cross-disability approach.

Quebec Foundation for the Blind
Fondation des Aveugles du Québec
5112 Bellechasse Montreal, Quebec H1T 2A4
Tel: 514-259-9470 / Fax: 514-254-5079
Prevention and Fundraising
6300-39 avenue, Suite 102 Montreal, Quebec H1T 2W7
Tel: 514-253-3434
Email: info@aveugles.org
Website: www.aveugles.org
A nationally recognized organization concentrating on blindness prevention and the improvement of the quality of life of those affected by it.

Quebec Organization of Agencies for the Deaf (ROSQ)
Regroupement des organismes sourds du Québec (ROSQ)
200 Crémazie Blvd East, Montreal, Quebec H2P 1E3
Tel: 514-279-7609 / TTY: 514-279-4181
Fax: 514-279-5373
Email: rosq@cam.org
Organization involved with needs, concerns and rights of hearing-impaired and deaf individuals; raises awareness, coordinates exchange of information with government and other agencies

Quebec Parapalegic Association (APQ)
Association des paraplégiques du Québec (APQ)
6020 Jean-Talon East, Suite 400, Montreal, Quebec H1S 3B1
Tel: 514-341-7272 or 1-877-341-7272
Fax: 5144-341-8884
Contact: Mr. Walter Zelaya
Email: info@paraquad.qc.ca
Website: www.paraquad.qc.ca
Assists in becoming autonomous. Promotes, facilitates social and professional integration. Counselling in rehabilitation and employment.
Quebec Society for Disabled Children
2300 Boulevard René-Lévesque West, Montreal, Quebec H3H 2R5
Tel: 514-937-6171 / Fax: 514-937-0082
Contact: Ronald Davidson
Email: sehq@enfantshandicapes.com
Website: www.enfantshandicapes.com
Offers support services for families, information, and summer camp for disabled children. Extensive database of resources—see Carrefour Papillon in this section.

RAPID – Resources for the Anglophone Population with Intellectual Disabilities
240 avenue Saint-Laurent, Saint-Lambert, Québec J4R 2S2
Tel: 514-487-6304
Contact: Caryn Shacter
Email: rapidmontreal@gmail.com
Website: www.rapidsouthshore.org
Donations: www.CanadaHelps.org
Promotes the development and facilitates delivery of local resources on the South Shore of Montreal. Red Cross babysitting for parents of special needs children, summer day camp, helps parents to connect with existing service providers for respite, daycare on ped days, adult learning opportunities, and recreational activities.

Regroupement de parents de personnes ayant une déficience intellectuelle de Montréal
5927 Boyer, Suite 02, Montreal, Quebec H2S 2H8
Tel: 514-255-3064 / Fax: 514-255-3635
Email: marcelfaulkner@rppadim.com
Website: www.rppadim.com
Support groups for parents of children with autism, Down Syndrome and other Pervasive Development Disorders.

Regroupement pour la Trisomie 21 (Down Syndrome) (See Section 3.1: Counselling / Evaluation / Therapy)

Santé Mobile A1
Tel: 514-461-1186 / Fax: 514-409-2475
Contact: Antonio Izzo
Email: info@santemobile.com
Website: www.santemobile.com
Mobile medical testing services, will come to your home to take lab tests. Samples are tested at accredited laboratories and results are available within 24-48 hours for most tests. Also offers therapeutic services by using Health Canada Compliant medical devices that are portable and can be used in home for children to relax muscles, increase eye contact, increase interactions, and increase body awareness.

Sexpressions™
Mitelman, Stephanie, MA
Certified Sexuality Educator
Tel: 514-983-9600
Website: www.sexpressions.ca
A resource for parents, they also train professionals with an entire website of resources for everyone. Presents educational workshops as well. Offers private education for individuals with special needs or an autism spectrum disorder on healthy sexuality and relationships. She can see families, couples and individuals.
SIVET: Service d’interprétation visuelle et tactile
5000, rue d’Iberville, Suite B-243, Montreal, Quebec H2H 2S6
Tel: 514-285-2229 514-285-8877/1-800-853-1212 / Fax: 514-285-1443
Email: administration@sivet.ca
Website: www.sivet.ca
Supporting deaf and blind persons.

Solidarity of Parents of Handicapped Individuals
Solidarités de parents de personnes handicapées
5095 9th Ave., Montreal, Quebec H1Y 2J3
Tel: 514-254-6067, ext. 22 / Fax: 514-254-7953
Contact: Renée Turcotte / Email: spph@arobas.net
Offering services to lessen the isolation of families of handicapped children; promoting and defending rights and interests of such families.

Special Needs Network
The Donald Berman YALDEI Developmental Centre, 2100 Marlowe, 5th Floor, Montreal, Quebec H4A 3L5
Contact: Ayala Conway
Tel: 514-736-CARE (2273)
Email: snn@yaldei.org
Weblink: www.yaldei.org
Information and referral line for all special needs issues.

Spina Bifida and Hydrocephalus Association of Quebec (ASBHQ)
Association de spina-bifida et d’hydrocéphalie du Québec (ASBHQ)
3333 Queen Mary Road, Suite 542, Montreal, Quebec H3V 1A2
Tel: 514-340-9019 / Fax: 514-340-9109
Email: info@spina.qc.ca
Website: www.spina.qc.ca

Support Network for Anxiety Disorders
10780 Laverdure Street, Montreal, Quebec H3L 2L9
Tel: 514-334-1587
Support group for people with anxiety disorders, ages 12 and up.

The Interdisciplinary Council on Developmental & Learning Disorders
4938 Hampden Lane, Suite 800 Bethesda, Maryland 20814
Tel: 1-301-656-2667
Email: info@icdl.com
Website: www.icdl.com
Based in the U.S.A., ICDL reaches a wide network of parents and professionals of different disciplines in every state and in more than 80 countries in all continents, advancing the identification, prevention and treatment of developmental and learning disorders. Through its research, training and publications, ICDL has created a cadre of world class professionals across multiple areas of expertise that is extending the reach of the DIR® model and the framework of Floortime as a fundamental component of intervention programs for individuals with difficulties in relating, communicating and thinking, including autism spectrum disorders. Its research focuses on improving understanding of developmental pathways leading to developmental and emotional disorders and the best way to intervene.
**War Amps**
606 Cathcart Street, Suite 530, Montreal, Quebec H3B 1K9
Tel: 514-398-0759 or 1-900-250-3030
Email: customerservice@waramps.ca
Website: www.waramps.ca
Financial help and moral support to amputees. Children, adults, veterans.

**West Island Association for the Intellectually Handicapped (WIAIH)**
111 Donegani, Point Claire, Quebec H9R 2W3
Tel: 514-694-7090 / Fax: 514-694-5839
Email: info@wiaih.qc.ca / Website: www.wiaih.qc.ca
Provides support to families, enhances lives of individuals with special needs, promotes awareness in the community, and develops innovative services. Includes activities for building socialization skills and integration of the intellectually handicapped into community recreational activities.
SECTION 10
CAMPS / RESPITE CARE


SECTION 10.1
RESPITE CARE

Amis (Les) de l’Est
Tel: 514-648-0254
Email: lesamisdelest@qc.aira.com
Intellectual or physical impairment.

Association de la Rive-Sud Pour La Déficience Intellectuelle
See Section 9: Resources for Parents, Caregivers and Teachers

Bartimaeus Inc. (See Section 3.1: Counselling / Evaluation / Therapy)

Butters Foundation Respite Home
127, rue Principal #105, Cowansville, QC, J2K 1J3
Tel: 450-263-4123 / Fax: 450-263-3489
Email: info@buttersfoundation.ca
Website: http://www.buttersfoundation.ca/en/your-money-at-work/a-place-to-work-in-the-country
A farm in Rougemont Quebec which includes respite and ways of integrating disabled adults into the work force.

Centre de répit Dépannage Aux Quatre Poches
560 ch Du Lac, Boucherville, Quebec J4B 6X3
Tel: 450-641-1255
Ages 3-20. Intellectual difficulties and Autism (French).

Centre de répit Philou
3165 rue Jean-Brillant, Montreal Quebec, H3T 1N7
Tel.: 514-739-4861
Website: www.centrephilou.org
Non-profit, for children up to 5 years old with physical disabilities. Welcomes stays from one day to three weeks at a time.

Centre Francois-Michelle (See Section 9: Resources for Parents, Caregivers and Teachers)

Centre Marcelle et Jean Coutu - Laval
Tel: 450-624-0980
Email: cmjc@integration.org
Website: www.integration.org
All types of impairments, including Autism.
CENTRE REHABILITATION MARIE-ENFANT OF THE UHC SAINTE-JUSTINE (SEE SECTION 8: REHABILITATION, ADAPTATION, SOCIAL INTEGRATION)

CHILDREN’S JOY (SEE SECTION 4.8: OTHER RECREATIONAL THERAPIES AND ACTIVITIES) LA JOIE DES ENFANTS
Eleanor Côté Home (West Montréal Readaptation Centre - CROM)
Tel: 514-363-8726 / Fax: 514-363-9479
Email: westendaccess@ssss.gouv.qc.ca
Website: http://crom-wmrc.ca/maison-repit/index.php?a/welcome
Located in Beaconsfield.

Emergo Respite Services
2300 Rene-Levesque West, Montreal, QC. H3H 2R5
Tel: 514-931-2882
Email: repit-emergo@bellnet.ca
Website: www.servicesderepitemergo.com
For people with Autism aged 4 – 77. French and English

Friendship Circle (See Section 4.8: Other Recreational Therapies and Activities)
Iacompanngateur.org (See Section 9: Resources for Parents, Caregivers and Teachers)

La Maison du Chat Botté Bellerose
See Section 10.2, Day Camps

La maison du Bois-Joli-Laurentides
Tel: 450-431-4772
Email: maisonbj@sympatico.ca
All types of impairments, including mental health problems and Tourette’s syndrome.

La maison de répit la Ressource
8351, 9th avenue, Montreal, Quebec H1Z 2Z4
Tel: 450-442-3552
Email: maisonlaressource@hotmail.com
Website: www.repitlaressource.org Non-profit managed by the parents of intellectually disabled children.

La maison Répit-Oasis (Southwest Region)
Tel: 514-768-7161
Email: mrepitoasis@qc.aira.com
Website: www.maisonrepitoasis.org (French only site)
Non-profit, offers respite to intellectual disabled persons.

La Maisonnette Montreal (ATEDM)
4450 Saint Huber Street. #320, Montreal, QC H2J 2W9
Tel: 514-524-6114
Email: atedm@autisme-montreal.com
Website: www.autisme-montreal.com

Le répit des amis!
Tel: 450-687-76390
Email: info@dysphasieplus.com
Dysphasia (ages 5 to 13).

Les Répits de Gaby (See Section 2: Specifically ASD, Asperger’s Syndrome and PDD)

Maison de Repit La Ressource
2651 Cremazie East
MONTREAL ASSOCIATION FOR THE INTELLECTUALLY HANDICAPPED (AMDI) (SEE SECTION 9:
RESOURCES FOR PARENTS, CAREGIVERS AND TEACHERS)
ASSOCIATION DE MONTRÉAL POUR LA DÉFICIENCE INTELLECTUELLE (AMDI)

Prolongement à la famille de Montreal
2570, rue Nicolet, Bureau 300, Montreal, Quebec H1W 3L5
Tel: 514-596-2169 / Fax: 514-523-8637
Email: upfm@qc.aira.com
For adolescents 14 and up. For persons with intellectual and physical disabilities.

Répit-Ressource de l’Est de Montreal
Day respite (Saturdays and Sundays only)
Tel: 514-919-3552
Website: www.repit-ressource.com (French site only)
Intellectual impairment with or without motor impairments.

Répit une heure pour moi (East Montreal only)
Tel: 514-640-6030
Respite services provided for a few hours during the day.
Children with mental health problems, Tourette’s Syndrome.

Residence and Auberge Papillon
Tel: 514-937-6171, extension 227 or 214
Email: residence@enfantshandicapes.com
Website: www.enfantshandicapes.com
Physical impairment and multiple disabilities.

Service de Garde les Apprentis
See Section 10.2: Day Camps

Solidarité de parents de personnes handicapées
All types of impairment
Tel: 514-254-6067
Email: info@spph.net
Respite services provided for a few hours during the day.

The Centre of Dreams and Hopes
Tel: 514-941-1560
Overnight respite for parents. Therapeutic, recreational activities for children with special needs.
SECTION 10.2
DAY CAMPS

A Toi de Jouer (AEPDRSM)
Tel: 450-679-9310
Contact: Sophi Plaisance

Ami du Deficient Mental Inc.
See Section 9: Resources for Parents, Teacher, Caregivers.

Aqua Percept (See Section 4.2: Gym and Swim)
Malcolm-Knox Aquatic Centre
98 Douglas Shand, Pointe-Claire, Quebec H9R 2A8
Tel: 514-630-1202 / Fax: 514-630-1265

Association de la Rive-Sud Pour La Déficience Intellectuelle
See Section 9: Resources for Parents, Caregivers and Teachers

Association de Montreal Pour La Deficience Intellectuelle (AMDI)
See Section 9: Resources for Parents, Caregivers and Teachers

Association des sports pour aveugles de Montréal
Tel: 514-252-3178
Email: sportsaveugles.qc.ca
Website: www.sportsaveugles.qc.ca
Visual impairment (ages 14 and up).

AUTISM ET TROUBLES ENVAHISSANTS DU DÉVELOPPEMENT MONTRÉAL (ATEDM) (SEE SECTION 2 : SPECIFICALLY ASD, ASPERGER’S SYNDROME AND PDD)

BCA Cote Des Neiges Day Camp
Coronation School and Bill-Durnam Arena
Tel: 514-737-8231
Welcomes children with ASD and intellectual disabilities with or without shadow, 4-15 years, English and French.

Buds in Bloom (See Section 3.1: Counselling / Evaluation / Therapy)

Camp Allegria (Leonardo DaVinci Center)
8350-8370 Lacordaire Blvd., St. Leonard, Quebec H1R 2Y6
Tel: 514-955-8370 or 514-955-8540 / Website: www.youthandsenior.com/campallegra.html
Bilingual day camp with talent shows and dance choreographies, arts & crafts, sports, theme days, bi-weekly outings and special guest performances. Fosters an atmosphere of caring and teamwork - one where your child’s talents can shine. For children who have completed kindergarten through grade six.

Camp Cosmos
1444 Union, Montreal, Qc
514-844-9128, post 203
www.campcosmos.org
Camp Cosmos is an environmental day camp for children aged 5 - 11.
It’s fun, affordable, and located in the heart of downtown Montreal.
We welcome campers with special needs, with or without needs for a shadow.
Camp de Jour du Centre Communautaire de Loisir de la CDN
Tel: 514-733-1478
Website: www.cclcdn.qc.ca
Welcomes children with ASD and intellectual disabilities with or without shadow, 4-14 years.

Camp de Jour L’Espoir / Corporation L’Espoir
55 Dupra, #511, Ville Lasalle, QC H8R 4A8
Tel: 514-367-3757
Email: info@corporationespoir.org
Ages 4 and older. French.

Camp Rock–Camp-Bol
Tel: 514-524-6114
Website: atedm@autisme-montreal.com
Autism and other PDDs (ages 3 to 14 – Bergamote – and 15 to 24 Rock Camp Bol). English and French.

Campgourou
1395 boul de la Concorde West, Laval, QC. H7N 5W1
Tel: 450-662-4440
All types of impairment (children, adolescents). French.

Centre Didache – Support Organization and Day Camp
1871 Rosemont Blvd., Montreal, Quebec H2G 1S7
Tel: 514-274-9358 / Fax: 514-729-4036
Email: centredidache@avantages.net
Website: www.centredidache.com
Day camp for children aged 6 – 13 with intellectual deficiencies and Autism. A respite service with the objective of giving children the chance to participate in activities and give families respite time. French.

Children’s Joy (See Section 3.1 : Counselling / Evaluation / Therapy)
La joie des enfants

Cote Saint-Luc Day Camps
Tel: 514-485-6806
Open to children with special needs aged 2 – 15 years, English and French.

Fondation Coccinelle
6630 Papineau Avenue, Montreal, QC H2G 2X2
Tel: 514-725-0009
All ages. French.

Fondation Normand clark – Horseback Riding (See Section 4.3: Horseback Riding)

Friendly Faces – YM-YWHA Snowdon
Ben Weider JCC 5400 Westbury Avenue, Montreal, QC H3W 2W8
Tel: Marcy: 514-737-6551 # 237
Email: marcy@ymywha.com
Website: www.ymywha.com/programs/view/438

Friendship Circle
4585 Bourret, Montreal, QC H3S 1X1
Tel: 514-735-2255
Email: info@friendshipcircle.ca
Inner City Summer Day Camp – Camp Cosmos
1435 City Councillors, Montreal, QC, H3A 2E4 – St. James United Church
Tel: 514-844-9128 / Fax: 514-844-0067
Welcomes all children aged 5-10 with any deficiencies. English, French and Spanish.

Camp Kinema Junior/Senior
Westmount YMCA
4585 Sherbrooke West, Montreal, Quebec H3Z 1E9.
Tel: 514-931-8046, ext. 231 / Fax: 514-931-9219
Contact: Chris Lockheart
Day camp that includes facilities for children with various handicaps or disabilities.

L’ami du déficient mental Inc.
Tel: 514-527-7671
Contact: Lynda Bourdeau
Email: ldj.admi@hotmail.com
Intellectual impairment and Autism (ages 7 to 77). French.

L’espoir du déficient
Tel: 514-367-3757
Website: corporation.espoir@qc.aira.com
Intellectual impairment (ages 4 to 70).

La Maison du Chat Botté Bellerose
34 Bellerose East, Laval, Quebec H7K 1S4
Tel: 450-663-0694 or 450-622-2792 or 450-663-5551
Email: lechatbotte@videotron.ca
Website: www.autisme-laval.org/html/chatbotte.htm
 Lodging and activities for 3 – 17 years of age with Autism or Intellectual disabilities. English and French.

Les amis de l’Est de la déficience intellectuelle (AEDI)
12229, 15th Avenue, Montreal, QC H8R 4A8
Tel: 514-648-0254
Email: amisdelest@qc.aira.com
Intellectual impairment, reduced mobility and Autism (ages 5 to 55). French.

Loisirs soleil
7378, rue Lajeunesse, bureau 205, Montreal, Quebec H2R 2H8
Tel: 514-759-6522 / Fax: 514-278-0106
Email: loisirs.soleil@bellnet.ca
Website: www.loisirssoleil.org
Day camp and respite care for physically impaired (ages 6 to 17).

Macdonald Day Camp – Camp du Jour de L’Association des loisier du quariter Snowdon
Macdonald park chalet
Tel: 514-483-0100
Email: macdonalddaycamp@gmail.com
Website: www.macdonalddaycamp.com
Welcomes children with ASD and intellectual disabilities with or without shadow, English and French.

MONTREAL FLUENCY CENTRE ((SEE SECTION 3.4: SPEECH THERAPY / AUDIOLOGY SECTION)

Patro Le Prévost
7355 Christophe-Colom, Montreal, QC H2R 2S5
Tel: 514-273-8535
Welcomes children aged 5-17 with high functioning autism. French.
RDI (Relationship Development Intervention) Summer Camp
RDI Clinic in Montreal
5250 Ferriee Street, Suite 801A, Montreal, QC, H4P 1L4
Small group interaction facilitated by certified RDI consultants. The goals of the camp are reciprocal communication, sharing, engagement, joint attention, self-regulation, life skills and much more. Call (514) 502-6388 for information or to register.

Regroupement de parents de personnes ayant une deficience intellectuelle
5927 rue Boyer, #2, Montreal, QC H2S 2H8
Tel: 514-255-3064
Email: marcelfaulkner@rppadim.com
Website: www.rppadim.com
Intellectual impairment (15 years and older, adolescents and adults). French.

Service de Garde les Apprentis
5565 8th Avenue, Montreal, QC H1Y 2A5
Tel: 514-728-4418
Welcomes children from 0 – 15 years with Autism or intellectual disabilities. French.

Super Camp at Vanier College
821 Ste-Croix, St. Laurent, Quebec H4L 3X9
Tel: 514-744-7111 / Fax: 514-744-7128.
Contact: Warren Roy
Email: supercamp@vaniercollege.qc.ca
Website: www.supercamp.ca
Ages 5-17. Integrated program. Children with mild to severe mental and physical disabilities.

La Fondation des aveugles du Quebec
Visual impairment (ages 6 to 18). Summer activities.

Viomax, Viocamp
2275 Laurier East, Montreal, QC. H1H 2N8
Tel: 514-527-0979
Email: jeunesse@viomax.org
Welcomes children with or without physical limitations aged 5 – 18 years.

Y CENTRE CAMPS:

Downtown Y Centre
1440 Stanley Street, Montreal, Quebec H3A 1P7
Tel: 514-849-8393, #777
Ages 6 – 12.

Du Parc Y Centre
5550 Du Parc Avenue, Montreal, Quebec H2V 4H1
Tel: 514-271-9622
Ages 5-11 (Explorers 12-13).

Hochelaga-Maisonneuve Y Centre
4567 Hochelaga Street, Montreal, Quebec H1V 1C8
Tel: 514-255-4651
Ages 6-12.

NDG Y Centre
4335 Hampton Ave. NDG, Quebec H4A 2L3
Tel: 514-486-7315, #227
Email: charles.daniel@yquebec.org, Ages 6-14 (Preschool day camp 2-5 years).
**Pointe Saint-Charles Y Centre**
255 Ash, Montreal, Quebec H3K 2R1
Tel: 514-935-4711
Ages 5 and up provided completed Kindergarten.

**St-Laurent**
Tel: 514-747-9801
Ages 4 – 12

**West Island**
Tel: 514-630-9864 #265

**Westmount**
Tel: 514-931-8046
Website: [www.yquebec.org](http://www.yquebec.org)
Integrates children with special needs from Autism to physical disabilities. Need and eligibility for a shadow determined according to specific criteria.

### SECTION 10.3
**SPECIALIZED VACATION CAMPS / RESIDENTIAL CAMPS (IN PART FROM OPHQ LIST)**

**Association de Montreal Pour La Deficience Intellectuelle (AMDI)**
See Section 9: Resources for Parents, Caregivers and Teachers

**Base de plein air Perce-Neige (respite offered)**
Camp Plein Air pour Handicapés du Québec (C.C.P.A.H.Q.)
4610, route principale, Wentworth North, Quebec J0T 1Y0
Tel: 450 226-3336 / Fax: 450-226-5936
Contact: Sandy Duncan
Website: [www.perceneige.ca](http://www.perceneige.ca)
Non-profit. Offers respite programs and group programs for adults and children with intellectual or physical impairment, multiple disabilities.

**B’nai Brith Camp**
1 Carre Cummings Square, Suite 232, Montreal, Quebec H3W 1M6
Tel: 514-735-3669 / Fax: 514-735-8197
Contact: Lorna Burack
Email: lorna.burack@cbbmtl.org
Website: [www.cbbmtl.org](http://www.cbbmtl.org)
Summer sleep-away camp for children with special needs (with an emphasis on Jewish heritage).

**Camp Canawish**
132 ch. de la Cinquième-Grève E., Rivière-Ouelle, Quebec G0L 2C0
Tel: 418-856-3674 / Fax: 418-856-3674
For intellectually handicapped and individuals with learning disabilities.

**Camp Cité Joie (respite offered)**
Capitale-Nationale - Lac-Beauport
28, chemin des Cascades, Lac-Beauport, Quebec G3B 0C4
Tel: 418-849-7183
Website: [www.citejoie.com](http://www.citejoie.com)
For children and adults with a variety of handicaps and disabilities. Including intellectual or physical impairment.
Camp d’été de l’Association québécoise du syndrome Gilles de la Tourette – Accès Plein-Air
(Association québécoise du syndrome de la Tourette)
7070 boul. Perras, Montreal, Quebec H1E 1A4
Tel: 514-328-3910
Website: www.agst.com
For children and adolescents.

Camp Garagona
23 Garagona Road, Frelighsburg, Quebec J0J 1C0
Tel: 450-298-5159 / 514-931-2882 (Joseé Filion) / Fax: 450-298-5554
Email: campgaragona@citenet.net
Website: www.campgaragona.qc.ca
Offers vacation time to people with mild to moderate intellectual disabilities. Adults and children. Plastic arts, theatre and music are an integral part of programming, along with swimming, walking trails, etc.

Camp Gatineau Outaouais (respite offered)
7 Dumas Street, Gatineau, Quebec J8Y 2M4
Tel: 819-777-6164 / Fax: 819-770-7944
Email: info@campgatineau.com
Website: www.campgatineau.com
Offers the intellectually and physically impaired 7 and older leisure and outdoor services focused on play, vacation and respect of individual integral development. Summer and winter.

Camp Kennebec
1422 Cox Road, Arden, Ontario, K0H 1B0 – Four hour drive West of Montreal.
Tel: 613-335-2114 / Fax: 613-335-2988
Contact: Donna Segal
Email: info@campkennebec.com
Website: www.campkennebec.com
Making kids happy since 1967! Welcomes campers with a range of exceptionalities including Autism, Asperger’s, ADD, ADHD, Tourette’s Syndrome, learning, social and behavioral difficulties and many others. Through their clinical psychologists, ABA & behavioral therapist, registered nurse, social workers and teachers they offer a uniquely designed and structured program for each camper. Our 2:1 camper to staff ratio means that campers receive the individual attention they require.

Camp Massawippi
3161 Round Bay Road, Ayer’s Cliff, Quebec J0B 1C0
Tel: 1-866-838-4707 or 819-838-4707 / Fax: 819-838-1171
For children with motor, language and hearing impairments, with a strong, committed Foundation that contributes generously to the Centre.

Camp Normand Leveillé
950 Hemming Road, Drummondville, Quebec J2B 6W3
Tel: 819-478-1201
For individuals 6 years old and up with all types of disabilities.

CAMP « O » CARREFOUR (respite offered)
1503, Chemin Royal, St-Pierre, Île d’Orléans, Quebec G0A 4E0
Tel: 418-828-1151 / Fax: 418-828-2014
Email: campocarrefour@videotron.ca
Website: www.patro.roc-amadour.qc.ca/carrefour/
For children with a variety of disabilities. Camp and respite.
Camp Papillon
Camp address: 210 Papillon Avenue Saint Alphonse Rodriguez, Quebec H0K 1W0
City address: 2300 Rene Levesque Blvd West, Montreal, Quebec H3H 2R5
Tel: 514-937-6171
Contact: Sylvianne Renaud
Email: camp@enfantshandicapes.com
Website: www.enfantshandicapes.com
For children with physical impairment and multiple disabilities. Offers these youngsters living with a disability the opportunity to intensively enjoy life in the great outdoors.

Les Bosquets Albert Hudon
Tel: 514-937-6171 or 450-467-3918
Email: sehq@enfantshandicapes.com
Camp Papillon’s ’little sister’. Located in Otterburn Park, Quebec. For children and adults with intellectual disabilities, Autism, PDD.

Camp Tamaracouta
Tel: 1-866-438-4096
Website: www.tamaracouta.com
Located in Mille Isles Quebec – a Scouts Canada camp that welcomes children with special needs.

Donald Berman Yaldei Summer Camp (Laurentians, Quebec)
Tel: 514-279-3666 ext. 1 / Fax: 514-278-3666
Email: camp@yaldei.org
Website: www.yaldei.org/summerCamp.asp
Jewish camp where children with developmental disabilities thrive. With a one- to-one ratio of camper to counsellor, the staff works hard to ensure that the children experience nothing but fun and laughter – all the while learning the daily living skills so crucial to their growth and development. Swimming, water sports, boating, arts and crafts, drama, baking, music hiking and nature trails, horseback riding, and computers – not to mention special events and evening programs.

Centre Notre-Dame-De-Fatima (respite offered)
Montérégie
Tel: 514-453-7600
Website: www.centrendfatima.com
Hearing impairment with or without associated impairments.

Centre plein air du lac Flavrian
100, chemin Docteur-Lemay, Case postale 1055, Rouyn-Noranda, Quebec J9X 5C8
Tel: 819-762-6592 / Fax: 819-762-2049
Email: info@cpalf.com
Website: www.cpalf.com
For people with physical, psychological and intellectual disabilities.

Centre plein air Grand Village (respite offered)
2434 Chemin Marie-Victorin, St. Nicolas, Quebec G7A 4H7
Tel: 418-831-1677 / Fax: 418-831-6561
Email: info@grand-village.com
Website: www.grand-village.com
Intellectual or physical impairment, multiple disabilities.

EMERGO RESPITE SERVICES

Camp Mariste, Rawdon
Tel: 450-834-6383
Email: admin@campmariste.qc.ca
See this section: Respite Services
For children aged 5 – 16 with Autism, intellectual disabilities. French.
Heartfit Respite  
Website: www.heartfitrespite.com  
A unique summer holiday on a working farm. Guests with intellectual disabilities from 14-50 years old can play farmer for a week.

L’Amitient, Rousseau inc. 
585 Sainte-Catherine Street West, Montreal, Quebec H3B 3Y5  
Tel: Head office 514-284-8686  
Email: amitient@bellnet.ca  
Website: www.amitient.org  
or

L’Amitient, Luc Bergeron  
8865, rue Léonard, Mont-Tremblant, Quebec J8E 2A5  
Tel: 819-425-9574  
For people 12 and over living with intellectual handicaps which are often associated with behavioural disorders.

La Colonie Les Bosquets Montérégie  
Tel: 450-467-3918  
Intellectual impairment and multiple disabilities.

The Quebec Foundation for the Blind (See Section 9: Resources for Parents, Caregivers and Teachers)  
Fondation des aveugles du Québec  
Visual impairment (ages 6-18).

For more information on mainstream vacation camps or recreational services that accept disabled children or adults, please contact AlterGo at:  
Tel: 514-933-2739  
Email: info@altergo.net  
Website: www.altergo.net
SECTION 11
PHYSICAL AID RESOURCES

Ablesee (Beaujoie)
Saint-Bruno, Quebec J3V 1J9
Tel: 450-461-2227 / Fax: 450-461-3081
Email: info@beaujoie.com
Creates and produces overlays for computer keyboards and other equipment. Large print overlays are suitable for children and adults who are visually impaired but not blind.

Adaptatech
780, Chemin Ruisseau, St-Jean Nord, St-Roch Ouest, Quebec J0K 3H0
Tel: 450-588-5947 / 1-977-587-5947 / Fax: 450-588-7928
Email: contact@adaptatech.qc.ca
Website: www.adaptatech.qc.ca
Quebec based vendor of adapted products and services for health professionals, health centres or end consumers looking for ways to improve autonomy for those with special needs.

Discovery Toys
Their goal is to deliver a rich personal experience to children with autism and special needs.
Website: www.discoverytoys.com
Tel: 1-800-341-8697

Dragonfly Toys
Website: www.dragonflytoys.com
Sells toys and technology for children with disabilities.

Easy Access Clothing
Tel: 1-800-775-5536
Website: www.easyaccessclothing.com
Online store with practical, functional clothing and products for disable children and adults.

FDTM
2211, de la Métropole, Longueuil, Quebec J4G 1S5
Tel: 450-321-5500 or 1-866-465-0559 / Fax: 450-321-5503
Website: www.fdmt.ca/catalogue/
Specializes in sensory-motor, oral-motor and tools to support development, adapted equipment (weighted blankets, weighted animals...) and products (Visual Timers, Pencil Grips...) used to promote sensory integration and facilitate the learning of children with special needs such as: Autism, PDD, Asperger's Syndrome, ADHD and ADD, Dyspraxia, Dysphagia, etc.

HumanWare Canada
445, rue du Parc Industriel, Longueuil, Quebec J4H 3V7
Tel: 450 463 1717 or 1 888 723-7273 / Fax: 450 463 0120
Email: ca.info@humanware.com
Website: www.humanware.com
Focused on enhancing the lives of people with visual and learning disabilities, HumanWare provides intuitive, intelligent products that enable their customers to participate effectively in today's information intensive and highly mobile society.

J.E. Hanger Ltd.
Head Office: 5545 West St. Jacques, Quebec H4A 2E3
See website for various branch addresses. Tel: 514-489-8061
Website: www.jehanger.ca
Offers a variety of services which include manufacturing of orthotic and prosthetic devices and daily on the premises orthopedic doctors clinics with physiotherapy services available.
Koolway Sports
8 Parnell Crescent, Whitby, Ontario, L1R 2L4
Tel: 905-493-3188
Email: jennifer@koolwayssports.com
Website: http://koolwayssports.com
Custom designed coats, outerwear and blankets for individuals confined to wheelchairs, innovative custom clothing for all clients. This Canadian company uses materials made in Montreal and tailor each piece to your size and preferred color. Features include zippered shoulder strap openings and side zippers, boots and hoods.

Mira Foundation
1820, Rang Nord-Ouest, Sainte-Madeleine, Quebec J0H 1S0
Tel: 450-795-3725 / Fax: 450-795-3789
Email: info@mira.ca
Website: www.mira.ca/en/
Provides dogs that have been fully trained to accommodate each visually impaired individual’s needs of adaptation and rehabilitation.

Portable Wheelchair Ramps
Tel: 514-585-031 / 1-866-416-1024
Contact: Martin Decelles
Email: Martin.Decelles@PortableWheelchairRamps.ca
Website: www.portablewheelchairramps.ca
Specializing in portable wheelchair ramps of all shapes and sizes. Ships across Canada

Slawner LTEE
5713 Cote Des Neiges, Montreal, Quebec H35 1Y7
Tel: 514-731-3378 / Fax: 514-731-4571
Website: www.slawner.com
Email: slawners@slawner.com
Full-service provider of mobility aides—guide you through the process of choosing a superior mobility product.

TFH Special Needs Toys Canada Inc.
16-1750 Plummer Street, Pickering, Ontario, L1W 3L7
Tel: 877-509-7524 / Fax: 905-492-9211
Website: www.specialneedstoys.com
Email: info@specialneedstoys.ca
Special needs toys from mobile multi-sensory to swings, trampolines and other sensory integration kits, switches, rewards and small sensory toys.

Tic Tac Clic - Outils d'apprentissage pour l'écriture et le clavier
327, boul. Sainte-Rose, Laval, Québec H7L 1M7
www.tictacclic.com
info@tictacclic.com
Tél.: 514-962-CLIC (2542)
Téléc.: 450-745-1953
Initiate and improve your children writing skills using new innovative products and formation (for parents and professionals). More than 50 professionals already used Tic Tac Clic multisensory method.

The Toys “R” Us Toy Guide for Differently-Abled Kids
Email: DifferentlyAbled@toysrus.com
Website: http://www.toysrus.com/shop/index.jsp?categoryId=3261681
A complimentary resource speaks to a child's individual needs and offers qualified toy recommendations based on research from the National Lekotek Center, a nonprofit organization that evaluates all of the toys featured in the Guide.
Wil+Aide Medical
318 St. Jacques, Lachine, Quebec H8R 1E2
Tel: 514-363-0856
Sales, rentals, repairs of scooters, wheelchairs, medical, hospital equipment and supplies.

SECTION 11.1
SECURITY

iLOC Technologies Inc
Tel: 1-855-987-iLOC (4562) or 1-514-987-iLOC (4562)
Website: www.iloctech.com
Email: info@ilochtech.com
Triloc GPS Locator, developed in Montreal by a parent with a child with autism, provides families and caregivers the ability of knowing where their loved ones are with special needs location awareness solutions including wandering detection, fall notification, with ease of use.

WHO AM I? ID PRODUCTS
Tel: 514-886-1529
Website: http://en.whoami-intl.com
Products that provide easy access to vital information in case of emergencies. Their ID bracelets and bands feature contact information, fluorescent colours, are waterproof with LED technology to light up in the night. Battery operated.
SECTION 12
OTHER PROGRAMS AND SUBSIDIES

SECTION 12.1
INCOME AND FINANCIAL ADVICE

Assante Capital Management Ltd.
Nathan Leibowitz, Investment Advisor
8301 route Transcanadienne, Saint-Laurent, Quebec, H4S 1Z1
Tel: 514-832-5144
Email: nleibowitz@assante.com
Website: www.assante.com/advisors/nleibowitz/home.htm

Nathan Leibowitz hosts workshops and seminars, addressing the financial and legal considerations for disabled individuals. Consults with special needs families regarding their finances. Services and products may be provided by an Assante Advisor or through affiliated or non-affiliated third parties. Assante Capital Management Ltd. is registered with IIROC and is a member of the Canadian Investor Protection Fund.

The following information is courtesy of the Office des Personnes Handicappée du Quebec website: www.ophq.gouv.qc.ca
(See Section 9: Resources for Parents, Caregivers and Teachers)

Child Assistance Measures

Families with dependent children under 18 may be eligible for the child assistance payment, the amount of which varies depending on the family’s income and circumstances.

Contact: Le Régie des rentes du Québec.
Tel: 514-864-3873
Website: www.rrq.gouv.qc.ca

Allowance for Handicapped Children

Regardless of their income, families with a disabled child can apply for the allowance for handicapped children. All families receive the same amount.
Contact the Régie des rentes du Québec.
Tel: 514-864-3873
Website: www.rrq.gouv.qc.ca

Child Disability Benefit (CDB)

The Child Disability Benefit (CDB) is a tax-free benefit, paid by the government of Canada, to low- or middle-income families who care for a child under age 18 with a severe and prolonged impairment in mental or physical functions.

The CDB is added to the monthly Canada Child Tax Benefit payment. For more information contact the Canada Revenue Agency.
Tel: 1-800-387-1194 / Website. www.cra-arc.gc.ca/benefits/cctb/menu-e.html

Social Assistance and Social Solidarity Programs

Once your child turns 18, you are no longer entitled to the family allowance. However, he or she may be eligible for benefits under the Employment-Assistance Program. Contact your local employment centre (CLE) for more information.
Website: www.mess.gouv.qc.ca
Tax Deductions
You may be entitled to provincial and/or federal tax deductions for disabled children or dependants. Forms and information brochures can be obtained by contacting:

Consult the following for more information:

Revenue Quebec
Taxation and Persons with Disabilities (IN-133-V)
Tel: 514-864-6299
Website: www.revenu.gouv.qc.ca

Canada Revenue Agency
Information Concerning People with Disabilities (RC4064)
Tel: 1-800-959-3376
Website: www.cra-arc.gc.ca/tax/individuals/segments/disabilities/menu-e.html
Information regarding Disability Tax Credit.

SECTION 12.2
PHYSICAL HEALTH

Equipment and Supplies
You may be entitled to a subsidy for special equipment and medical supplies (to cover, for example, the cost of diapers for children over three years of age). You must apply for this subsidy to your CSSS (CLSC) or to your local employment centre if you or your child receive benefits under the Social Assistance and Social Solidarity Programs.

SPECIALIZED DENTAL SERVICES
If your child cannot be treated by your regular dentist, accessible, specialized dental care is available from:

SOS dentiste
Tel: 514-990-0911 (home service)
Tel: 514-721-6006 (clinical service)

Centre de réadaptation Marie-Enfant
Tel: 514-374-1710, #8037

Hôpital Sainte-Justine
Tel: 514-345-7757

Two universities also offer dental care to persons with disabilities. To make an appointment for the summer, you must call in the spring.

McGill University
Tel: 514-934-8441

Université de Montréal
Tel: 514-343-6750
SECTION 12.3
LIVING ENVIRONMENT

Home Support Program

You may obtain home support services or a home support subsidy if your child requires physical assistance (for example, bathing a child who has become too heavy to lift up). Contact your local CSSS (CLSC).

Residential Adaptation Assistance Program

You may be entitled to a subsidy to adapt your home (house or apartment) in order to make it barrier-free for your child. You may require a wheelchair ramp, wider doors, or an adapted bathroom. For more information on this program and the forms to fill out, there are various contacts. If you live in one of the boroughs of the city of Montréal, contact the program management department at:

**Tel: 514-872-3326**

If you live in another municipality on the Island of Montréal, contact your municipal authorities. You can also obtain information from the Société d’habitation du Québec at:

Tel: toll free 1-800-463-4315
Website: www.habitation.gouv.qc.ca

Stérivi Ecological Vapor Systems

Tel: 514-551-1021
Contact: Sylvie Ghanimé
Email: sterivi.qc@gmail.com
Services industrial, commercial and residential with applications
SECTION 13
TRANSPORTATION

Transportation Expenses
You may claim expenses for transportation, parking and accommodation if you are required to travel, frequently and on a regular basis, in order for your child to receive medical treatment (for example, dialysis) or rehabilitation services. Contact your local CSSS (CLSC).

In addition, if you or your child receives benefits under the Social Assistance and Social Solidarity Programs, you may be entitled to a refund of a portion of the travel expenses you incur for medical reasons. Contact your local employment centre.

Paratransit Services

If your child does not use the regular public transit system, he or she may have access to the paratransit service of the Société de transport de Montréal (STM).

For more information, contact the customer service department at:
Tel: 514-280-8211
Email: transport.adapte@stm.info
Website: www.stm.info

Regular Transportation Services

Furthermore, if your child has a visual or intellectual impairment, he or she is entitled to the STM attendant card, which gives the person accompanying him or her free bus and metro access.

Application forms are available from your CSSS (CLSC) or from the rehabilitation centre your child attends. For more information on the attendant card, please contact the customer service department of the Société de transport de Montréal at:
Tel: 514-280-8211
Or applications are available at the following centres:

Centre de réadaptation de l'Ouest de Montréal: 514-761-5571
Centre de réadaptation Gabrielle-Major: 514-259-3199
Centre de réadaptation Lisette-Dupras: 514-364-2280
Centre Miriam: 514-345-0210
Institut Nazareth et Louis-Braille: 450-463-1710
Montreal Association for the Blind: 514-489-8201
Services de réadaptation l'Integrale 514-327-9933

CSSS

FOR FURTHER INFORMATION:
Centre Transport Adapté - Société de transport de Montréal (STM)
3111 Jarry Street East, Montreal, Quebec HZ 2C2
Tel: 514-280-8211 / Fax: 514-280-5396
Contact: Mrs. Nevine Tadros
Email: transport.adapte@stm.info
Website: www.stm.info

Transportation services for people unable to use the Metro or regular bus service and eligible for special transportation services. Fees, information, comments, complaints.

Office des personnes handicapées du Québec (OPHQ)
700 Montreal, Quebec H2Z 1W7
Tel: 514-873-3905 or 1-888-873-3905 or 1-800-567-1465 / Fax: 514-873-4299
Email: dicro@ophq.gouv.qc.ca
Website: www.ophq.gouv.qc.ca
Regroupement des usagers du transport adapté (RUTA)
3800 Radisson Street, Montreal, Quebec H1M 1X6
Tel: 514-255-0765
Contact: Mrs. Mathild Le Boedec
Email: rutamtl@biz.videotron.ca
Website: www.rutamtl.com
Works to improve the transportation service of the STM, looks after complaints from users and gives information that could not be obtained from the STM. For disabled persons using adapted transport services.

Attendant Card for Inter-city Transport
An attendant card for inter-city bus transport is also offered to all disabled persons ages eight and over who require the services of a personal attendant when traveling between cities. This card allows the attendant, who must be at least 14 years of age, to travel free of charge. For more information or to fill out an application form, please contact the Association des propriétaires d’autobus du Québec at:
Tel: 418-522-7131
Website: www.apaq.qc.ca

Parking Permits
If your child has trouble moving around, a special parking permit allows you to park in spaces reserved for persons with disabilities. To obtain this permit, please contact the Société de l’assurance automobile du Québec at:
Tel: 514-873-7620
Website: www.saaq.gouv.qc.ca

Vehicle Adaptation Program
You may be entitled to financial assistance to help you adapt your family vehicle so that your child can get in and out safely and easily. Please contact the Société de l’assurance automobile du Québec at:
Tel: toll free 1-800-525-7719
Website: www.saaq.gouv.qc.ca

Aidbus 2000
27 Avenue Milton, Lachine, Quebec H8R 1K6
Tel: 514-955-5500
24 hours advance booking recommended.

Le Bon Pilote
5222 Berri Street, Suite 100, Montreal, Quebec H2J 2S4
Tel: 514-593-5454 / Fax: 514-277-8961
Medical transportation services for blind and visually impaired persons.

Taxi Para-Adapté
Tel: 514-821-3355 / Fax: 514-939-4160
Email: yungcuong@sympatico.ca
24 hours/day, 7 days/week on the island of Montreal. Accessible taxi. 24 hours advance booking required.